



ERASMUS+ STUDIES - UU Report

Every student receiving an Erasmus+ STUDIES grant has to submit a UU report as well. Writing the UU report is one of the university's conditions to receive and keep the grant. Only after submitting this report your Erasmus+ grant will be awarded definitively.

Your report will be **published** (anonymously!) on the [UU study abroad destinations webpage](#) to inform UU students preparing an exchange or research period abroad. Not all of them are Dutch-speaking, therefore we prefer to receive reports **written in English**.

Please use Tab to go to the next (text) box.

family name*	
first name*	
student number*	
permission to publish contact details** <i>See end note for * and **</i>	<i>optional; only if you allow students preparing for study abroad to contact you (directly)</i>
	my e-mail address <input checked="" type="checkbox"/> yes: emma.windey@gmail.com my weblog <input type="checkbox"/> yes: my Facebook account <input type="checkbox"/> yes: other (social) media <input type="checkbox"/> yes: or <input type="checkbox"/> my contact details cannot be published on the UU webpage, but I do give the International Office permission to forward my e-mail address to individual students interested in my host university abroad: @
faculty/college	Geosciences
level	<input type="checkbox"/> bachelor's <input checked="" type="checkbox"/> master's <input type="checkbox"/> PhD
name study programme	Sustainable Business and Innovation

destination city & country	Roskilde, Denmark
how did you travel to your destination?	by car
name university abroad	Roskilde University
start date	16 / 08 / 2021 (dd/mm/yyyy)
end date	21 / 01 / 2022 (dd/mm/yyyy)

You are requested to write on the following topics. Text boxes will expand automatically while typing!

PREPARATION	
exchange application process	The application progress went relatively smoothly, I was able to find the available courses easily on the website of the receiving university. They have a course package that they provide for exchange students per study program they offer. However, you can also take different courses. For this you have to browse through the course catalogue.
counselling & support at Utrecht University	



I did not really need/ use much of the counseling and support. I also went on exchange during my Bachelor and was relatively familiar with the process. However, I do have to say that the uncertainty caused by COVID made the process a lot harder, and I do find that UU could have provided clearer guidelines and support in that aspect.

academic preparation

None was necessary, except choosing the courses, on which I elaborated above.

language preparation

Again, none necessary. The courses I took at RUC were all in English.

finances

Denmark is quite a bit more expensive than the Netherlands. If you are used to buying groceries in Jumbo or AH, you will likely be able to afford Lidl or Aldi in Denmark. Especially eating out or doing fun activities is very expensive. It is not odd to spend close to 30 euros when going out for brunch or dinner in a restaurant. It is obviously possible to budget well and do free activities, but be aware that a little extra money might be necessary.

STUDY ABROAD PERIOD

study programme (content and organisational issues)

I had to switch two of my courses upon arrival because the content turned out to be different from what I was expecting from the course description. However, the receiving exchange team is very friendly and helpful.

academic quality of education activities

I have to say that I felt the academic quality was slightly lower than what I was used to compared to the previous universities I have attended.

counseling & support at receiving university abroad

If you knew where to look and if you managed to contact the support people within office hours (which I found to be relatively short), everyone was very helpful and accommodating.

transfer of credits

The Danish grading system is quite odd, it is a seven point scale with 12 as the highest grade. However, the grades only counted as pass/no pass for me, so that made the credit transferral easier.

STUDENT LIFE

welcome & orientation programme

There was a two week orientation programme that was meant as an introduction for all exchange students and the international Masters students starting a full degree at RUC. The programme consisted of a lot of practical information on both living in Denmark and on the University itself, and guided us through the process of registering as a resident in Denmark (which everyone has to do). The introduction was slightly more focussed on these practical aspects than on social aspects, which I found a little lacking sometimes. However, everyone who was organizing was very welcoming and the program was a good way of getting to know people.

accommodation

There is campus accommodation available for international students. I would recommend trying to sign up for this as it is a good way of living with other internationals. I did not sign up and had trouble finding housing on my own. One of the campus buildings comes with furnished rooms, these are ideal. All other rooms that I know of (both on campus and commercially) come unfurnished, which is quite a hassle as an exchange student. These rooms must be empty upon arrival and when you leave, which makes selling furniture to the next tenant hard



sometimes. If you do end up with an unfurnished room, there is a separate company that has vans on the IKEA parking lot who will deliver the things you buy to your room and help carry stuff up the stairs, this is quite useful for getting a bed.

leisure & culture

The campus is a little in-the-middle-of-nowhere. It has its own train station though, and from there you can get to Copenhagen in 25 minutes with relatively regular trains. The train to the center of Roskilde takes about 3 minutes, but you must be aware that you cannot walk from the campus to the center of Roskilde. There is a student house and bar on campus though, and also a large student kitchen where international dinners are held every week. The on campus gym is also very cheap (about 70 euros for 6 months) and quite good.

suggestions/tips

You are very close to Copenhagen, so make use of it! It is easy to become absorbed in student life and not take advantage of exploring the cities around you and the country you are in. So do not forget to explore!

CONCLUSIONS

would you recommend this university/destination abroad to others? please explain

To be honest, I did not have the best time when I was there. However, there are so many factors that influence how an exchange goes and how quickly you form a new social circle etc. that it is hard to say how an exchange will turn out. I also knew many internationals who really enjoyed their stay and had a great time. So I cannot make the judgement for anyone else. I do think that academically I was not very challenged, but some people prefer that in an exchange, so that they have more time to explore.

do you have any additional advice or comments?

Take advantage of all the opportunities and social events. This is advice for anyone going on exchange, but you have to put yourself out there. If someone casually mentions that you should grab a drink at some point, take them up on it; if someone invites you to a party or if you see some social event pass by on Facebook (yes, FB is heavily used in Denmark), go take a look!

Save this UU report for your own records and upload the report in your Erasmus+ file/application in Osiris within 30 days after finishing your study abroad period and in ANY case before the final deadline!

NOTE: Please upload in Word (.docx) so we can delete your *personal details between processing for grant purposes and publication on the website for future UU exchange students. **Contact details will only be included if and where permission has been given.