



## UU Report form - Erasmus 2022-2023

faculty/college	Faculty of Social Sciences
level	<input checked="" type="checkbox"/> bachelor's <input type="checkbox"/> master's <input type="checkbox"/> PhD
name study programme	Cultural Anthropology and Development Studies

destination city & country	Copenhagen, Denmark
how did you travel to your destination?	Train
name university abroad	University of Copenhagen
start date	01 / 02 / 2023 (dd/mm/yyyy)
end date	30 / 06 / 2023 (dd/mm/yyyy)

### PREPARATION

#### exchange application process

The exchange application process went quiet chaotic. There were a lot of websites with a lot of information and sometimes I had the feeling I did not had overview of all the things I had to do. So therefore I would advise to start on time with all the forms and make a list of what you have to do and the deadlines.

#### counselling & support at Utrecht University

The contact with counselling & support at Utrecht University went quiet well. They responded quick and communicates very well via email and helped me when I had troubles.

#### academic preparation

I did not really had a academic preparation if I am honest. I read all the information of the courses at the website of the university and the courses syllabuses that were sent in the beginning of the semester.

#### language preparation

Before I went to Copenhagen I was not really confident with speaking English. Therefore, I tried to read more English books and watched English movies before I left so I was more comfortable with English.

#### finances

Before I left to Copenhagen I had two student jobs to save some money. I did not made a finance plan but that could be useful to know how much money you are going to spend approximately.

### STUDY ABROAD PERIOD

#### study programme (content and organisational issues)

I did not experienced organisational issues at the University of Copenhagen. Everything was very clear and professors updated students via email. I also used the app myUCPH so I was able to see my schedule on my phone. Furthermore, the study programme at the University of Copenhagen was a bit different then I was used to at the University of Utrecht. The whole semester you follow four courses at the same time and every week you had one lecture/seminar of every course. Therefore, I had the feeling we did not go really deep into the course material which I found a little disappointing. Moreover, we only had one exam, take home essay and we could choose our own subject, at the end of the semester. This did not really motivate me because we could choose our own subject so if you did not understand something it was not a big deal because you could make the decision to write about something else.

#### academic quality of education activities



As I said before I had the feeling we did not dive as deep into the course material in comparison to the education at Utrecht University. However, the amount of literature was similar to what is offered at Utrecht University. It was a lot of self-study and the lectures and seminars were combined which was in my opinion not very efficient.

**counselling & support at receiving university abroad**

It was easy to find the contact information of the University of Copenhagen. I had to wait a little longer for an answer on my emails in comparison to Utrecht University but I got all my questions answered at the end. The email contact was fine.

**transfer of credits**

It was very easy to get my transcript of records. There is a site where you have to log in and then you have access to your records and they automatically make a transcript. About the transfer of credits I cannot say anything yet because it is not fixed yet.

**STUDENT LIFE**

**welcome & orientation programme**

The orientation programme was one day and they planned several activities. It was a nice way to meet new people but it would have been nicer if there were several days or maybe a week with welcome activities.

**accommodation**

Via the website of Housingfoundation I got a room. It was really pricey but the room and the place was very nice. I think there are also less pricey options to find but I knew I could trust housingfoundation so that's why I chose for that. These could be other options: <https://www.rooms-dk.dk>

**leisure & culture**

In the summer there were a lot of free activities in the city. Everyday I searched for activities on the internet and almost every day there was something to do. At the end of July there was also a jazz festival where I volunteered which was really fun to do. Furthermore, GreenKayak is a really nice NGO where you can book kayaks for free and while you kayaking you have to pick trash.

**suggestions/tips**

Read above.

**CONCLUSIONS**

**would you recommend this university/destination abroad to others? please explain**

Yes I would recommend this university and destination. At first I was a bit disappointed in the city because in my opinion there were a lot of things similar to the Netherlands which I thought was unfortunate. However, Copenhagen is a very pretty city and the atmosphere is really relaxed. Furthermore, you can make amazing trips to Norway and the fjorden which I would definitely recommend. The university is really well organised and is similar to the system at Utrecht University.

**do you have any additional advice or comments?**

If you go to Copenhagen it is nice to save a lot of money. It is really expensive and sometimes I didn't do stuff because I could not afford it. Also I would recommend to join a sportclub or something else at beginning of the semester so you can also meet new people there.



## UU Report form - Erasmus 2022-2023

faculty/college	Faculty of social and behavioral sciences
level	<input checked="" type="checkbox"/> bachelor's <input type="checkbox"/> master's <input type="checkbox"/> PhD
name study programme	Interdisciplinary social sciences

destination city & country	Copenhagen, Denmark
how did you travel to your destination?	Plane
name university abroad	University of Copenhagen (KU)
start date	01 / 09 / 2022 (dd/mm/yyyy)
end date	31 / 01 / 2023 (dd/mm/yyyy)

### PREPARATION

#### exchange application process

The application process is clear. The information on the UU abroad website provides the steps you need to take and informs you about deadlines. The part of the application process in which you already are submitted to the exchange destination was more confusing to me as you have to wait for that university to start their procedures. I think overall it was fine, but I sometimes wasn't aware of certain deadlines. However, the university usually responded quick to emails (except for during summer holiday).

#### counselling & support at Utrecht University

I have only used UU support in attaining my certificates and signatures. This was quick and easy.

#### academic preparation

I have not done any academic preparation.

#### language preparation

In Copenhagen, most people you meet are comfortable with talking English so it is not a problem if you don't speak Danish. My courses were in English as well. I know that KU offers many courses in Danish but I don't know if they're open to exchange students. For sociology, KU didn't offer a great deal of courses in English, but definitely enough. As English is widely spoken in Denmark and my courses were all in English as well, I didn't do language preparation or learned Danish. However, I think if you have the time, definitely try learning Danish as it is just nice :).

#### finances

Copenhagen is expensive, however, if you spend a little time extra you get definitely save some money. For example, go to bazaar's (Turkish supermarkets mostly found in Norrebro) for vegetables and fruit. A lot of the museums have free days. Aldi, Lidl etc. are much cheaper than 'Danish' chains. Also make sure you apply for the Erasmus grant, there are some others you could apply to as well. Getting a job in Denmark could be harder, as you need to have a CPR and Danish bank account. So do not rely too much on earning money there! I had a (German) friend who babysat for a German family in Copenhagen and they paid in cash, so that's something you can look into (in Facebook groups).

### STUDY ABROAD PERIOD



study programme (content and organisational issues)
I studied sociology in Copenhagen, so that's not my usual study. I was worried the level would be too hard but it was not. The teachers are very lenient and students are treated as equal to teachers. The content and organization of it was as you expect. The only lack was that when administering to classes, some were full really quick, and as they offered not that many English taught courses, you don't have many options.
academic quality of education activities
I only had actual classes, no lectures. This made it more personal, so I really liked that. You also have more freedom in this way, as teachers also kind of know who you are and such. I had no other academic activities.
counselling & support at receiving university abroad
I have not received any counselling from KU. All documents I was able to receive via email and this was also quick and easy. KU also has mentor programmes which can be quite nice.
transfer of credits
They also work with ECT's.

<b>STUDENT LIFE</b>	
welcome & orientation programme	The welcome and orientation are fine, but not great. I have heard about other exchange destinations with a larger emphasis on this, which sounded super nice to have as well. I think it's fine, and you meet people everywhere anyway, but it has to come more from your own actions and plans than a buddy program for example. Also, ESN is nice to meet people.
accommodation	Copenhagen uses the Housing Foundation. I was very stressed about getting a 'place' as they work with a first come first serve system, but it worked out well. HF has a bad status and I do agree with the complaints about their actions, but I would still use their accommodations. I think it was very nice to live with so many international students in our dorms. On their website you can find all their dorms and facilities. Also make sure you are informed about their policies, their booking system ect. it makes the experience way less stressful.
leisure & culture	The city is amazing. It has a great night life, a lot of museums, vintage stores, a lot of bakeries, bars and restaurants. There's a lot of national days, for example j-day when Christmas beers are in stores.
suggestions/tips	Definitely get a bike.

<b>CONCLUSIONS</b>	
would you recommend this university/destination abroad to others? please explain	Definitely, I had a very positive experience (good housing, good study/freetime balance, the city is very lively).
do you have any additional advice or comments?	



## UU Report form - Erasmus 2022-2023

faculty/college	Utrecht University
level	<input checked="" type="checkbox"/> bachelor's <input type="checkbox"/> master's <input type="checkbox"/> PhD
name study programme	Sociology

destination city & country	Copenhagen, Denmark
how did you travel to your destination?	By car
name university abroad	University of Copenhagen
start date	01 / 09 / 2022 (dd/mm/yyyy)
end date	31 / 01 / 2023 (dd/mm/yyyy)

### PREPARATION

#### exchange application process

The application process was very straightforward. The deadlines were clear and I have no complaints regarding this. I was lucky enough to get into my first choice, so I wouldn't now how that route was.

#### counselling & support at Utrecht University

My questions were always answered quickly and the sites were also clear. I was content on this matter.

#### academic preparation

I remember that we had a lecture as preparation for the exchange, which was quite nice. Besides that I followed the course intercultural learning, which I would recommend too.

#### language preparation

I had to do an English language test, which was not that hard. That was all.

#### finances

I saved money upfront, so I didn't have to work in Copenhagen. Denmark is not a cheap country, however if you live accordingly it is very manageable.

### STUDY ABROAD PERIOD

#### study programme (content and organisational issues)

Great. Sociology is organized differently for exchange students, in small classes and not lectures (I wish I knew that). Which was a pleasant change of pace from what I was used to. Most Danish students follow their courses in Danish, so we had mostly exchange students in class.

#### academic quality of education activities

The academic quality was rather good. The small classes allowed for indepth discussions. Students were usually well prepared and many lectures did require some form of experience in the texts.

#### counselling & support at receiving university abroad

It was sufficient. All contact with the university was quick and consise.

#### transfer of credits

Two of my courses could very well be level 3 courses rather than level 2. So on that



<b>STUDENT LIFE</b>
welcome & orientation programme
I didn't go to the programmes, but heard they were quite nice.
accommodation
The accommodation was fine. However, it was rather expensive for the room I had and quite boring to be honest. They were also way stricter than they should have been regarding cleaning. So be prepared for that. The apartments with roommates were a lot nicer.
leisure & culture
There are plenty of leisure activities. Students going to Copenhagen will probably not have a large cultural shock, but many small things that you will notice. Which is quite fun to look into too.
suggestions/tips
I would strongly recommend to book an apartment with roommates.

<b>CONCLUSIONS</b>
would you recommend this university/destination abroad to others? please explain
Definitely. Copenhagen is a nice city to live in, very comparable to the Dutch cities, but there are still many cultural differences - which ensure a "true exchange" experience. The University of Copenhagen. You have to be prepared for different ways of testing, sociology courses didn't have classic exams but mostly essays, which are time costly in a different manner. And the university is a great one.
do you have any additional advice or comments?
I think it could be nice if the university would organize something with the students that decided to go to the same university/city. Prepare official documents as early as possible.



## UU Report form - Erasmus 2021-2022

faculty/college	Faculty of Social Science
level	<input checked="" type="checkbox"/> bachelor's <input type="checkbox"/> master's <input type="checkbox"/> PhD
name study programme	Psychology
destination city & country	Copenhagen, Denmark
how did you travel to your destination?	By car
name university abroad	University of Copenhagen
start date	01 / 02 / 2022
end date	01 / 07 / 2022

### PREPARATION

#### exchange application process

The exchange application process looked intimidating at first, because I didn't really know where to start. I did feel like the exchange page on the UU site helped me with this as they have a clear step by step plan on how to get started. After this initial struggle, it became pretty clear what was expected of me as I'd get emails from the international office reminding and helping me.

#### counselling & support at Utrecht University

I did most of it on my own but do feel like they would be very helpful if needed.

#### academic preparation

As I would be doing sociology courses on my exchange (as opposed to my psychology courses back home), I followed a few courses in this department at my home university to prepare myself a bit.

#### language preparation

I tried some Danish duolingo but did not get quite far. Thankfully, I did not need any Danish at all as the Danes speak and understand English perfectly.

#### finances

I saved up from my part-time job for like three months, but I mostly just lend money from DUO during my stay. My parents also gave me a small allowance each month.

### STUDY ABROAD PERIOD

#### study programme (content and organisational issues)

Applying to my courses was fairly easy, the site was user-friendly and you could make changes in your program up to a month after classes started.

#### academic quality of education activities

As I normally don't study sociology, I don't feel like I'm the right person to talk about the quality of these courses. I can talk about the one Danish Culture course I followed, which was really fun. At the University of Copenhagen, they have a Danish Culture department which offers courses about Danish Culture. During the course, you're going on field trips and as it is only open for international students, you also meet a lot of people. I really recommend doing at least one of these if you can!

#### counselling & support at receiving university abroad



The professors at my receiving university were very pleasant and were very helpful if you needed help. I wasn't that much in contact with the rest of the university, so I don't have anything to say about that.

transfer of credits

The transfer of credits is an easy process. They just send me the transfer up to 6 weeks after my leave which I then have to forward to my own university. The grading system is a bit different in Denmark, but I think it makes it even easier to pass courses.

**STUDENT LIFE**

welcome & orientation programme

At my faculty, the faculty of social sciences, they had two days of introduction. As it was right after Denmark dropped all covid rules it was a bit less than what it normally had been. The first day was online, but I did not attend. The second day was on the city campus. We started in a big lecture hall with all international social science students. We had a pubquiz and then got a tour of the campus. This was a really fun way to meet a bunch of people and get to know your way around campus (which is the prettiest of the four campuses in Copenhagen by the way!)

accommodation

My accommodation was absolutely perfect. I applied for housing through the Housing Foundation. This is an organization with a bunch of student accommodations across Copenhagen. I ended up at the Mariendalsvej dorm in Frederiksberg. This is a newly built dorm with only internationals. You live with up to four other people and share a big kitchen/living room and a balcony. The building also has two roof terraces. The apartment itself was really new and clean and the atmosphere in the building was the best. It is a really social dorm and people were having parties and meeting each other every day (without disturbing other people; you could still study and sleep by 10 if you wanted). I met my best friends through this dorm that I hung out with all exchange.

leisure & culture

Copenhagen is in a lot of ways pretty similar to a city like Utrecht or Amsterdam in the Netherlands; you are always surrounded by water and bikes. The people are very chill, everyone cycles around town, the water in the harbour is so clear that you can swim there during summer (or winter, if you are a proper Dane). Copenhagen also has a great nightlife. There are plenty of bars and clubs with every kind of music and vibe you wish for. You do have to come with plenty to spend as Copenhagen is not very cheap. Accommodation, food and alcohol prices and eating out can be pretty expensive compared to the Netherlands.

suggestions/tips

I went on a trip to Stockholm by taking the train. This was really fun and surprisingly, pretty affordable. Some suggestions for Copenhagen are eating at Reffen, trying cinnamon buns and Danish 'Spandauers' at a nice cafe, cycling along the lakes and swimming at Islands Brygge or Amager beach. But most of all, just walking around the city as much as you can as it is a perfect city to walk everywhere.

**CONCLUSIONS**

would you recommend this university/destination abroad to others? please explain

Yes, definitely! I really enjoyed living in Copenhagen. The city is really pretty, the international community is huge, which means a lot of people are in the same boat as you are and you'll make friends quite easily. There are plenty of things to do and the nightlife is great. The university also had a lot of fun courses to offer (especially the Danish Culture courses).

do you have any additional advice or comments?

Just enjoy your time on exchange! I was there for 5 months but it felt like 1 as time flew by so quick.

**UU Report form - Erasmus 2019-2020**





faculty/college	Social Sciences
level	<input checked="" type="checkbox"/> bachelor's <input type="checkbox"/> master's <input type="checkbox"/> PhD
name study programme	Sociology

destination city & country	Copenhagen, Denmark
how did you travel to your destination?	I used a car to move to Copenhagen
name university abroad	University of Copenhagen
start date	30 / 08 / 2019 (dd/mm/yyyy)
end date	31 / 01 / 2020 (dd/mm/yyyy)

<b>PREPARATION</b>	
exchange application process	
	The application process is quite easy, but took some time. Keep in mind that the whole pre-departure process takes approximately a year. Start early with orienting to which cities you want to go and inform yourself about all deadlines and procedures. To apply for an exchange abroad you have to pick a top 3 of universities which you write down in OSIRIS. You also have to upload a motivational letter for your number 1. It takes about a month before UU will tell you to which university you may go. After that, your host university also needs to give a green light, again this took approximately one month. It is possible that you will not be placed in one of your top 3 universities. Then you have to choose from a list of rest places. From personal experience, there were still plenty of nice places left!
counselling & support at Utrecht University	
	Employees at the international office respond very quickly to your email. They are happy to help you with all your questions. On top of that, they support and give advise when you are excluded from your top 3.
academic preparation	
	In my opinion is the academic level at the University of Copenhagen a bit lower than at University Utrecht. The courses I followed repeated a lot of knowledge that I already had obtained at the UU. Academic preparation will depend on what kind of courses you choose.
language preparation	
	Copenhagen University has a large selection of courses in English. Teachers and students speak excellent English. On top of that, almost everyone in Denmark speaks English very well, therefore language preparation is not necessary. If you want to learn Danish, you can follow an intensive pre-semester course of three weeks.
finances	
	Please be aware that Denmark is one of the most expensive countries in the world. Make sure you save some money, because housing is (on average) twice as expensive as in Utrecht and groceries are also a a bit more expensive. For example, if you want to drink a cup of coffee, you have to pay around 35DKK, which is approximately 4.70EUR.

<b>STUDY ABROAD PERIOD</b>	
study programme (content and organisational issues)	
	There are two semester at University of Copenhagen: autumn or spring semester. The courses you choose that run through the whole semester, which is different from Utrecht University. At the end of the semester you



have to hand-in a (written) exam or you have to do an oral exam. It is not usual that you will be assessed during the semester. The grades that you obtain at the end of the semester count for 100%. You do not have a lot of contact hours, on average 2/4 hours a week. These contact hours are mainly a combined class of a workgroup and lecture. Study programmes of each week of every course are clearly presented online.

academic quality of education activities

The academic quality of Copenhagen University is good. One teacher teaches better than the other. I experienced the teachers to be a bit chaotic and less critical, maybe a bit less professional than at UU.

counselling & support at receiving university abroad

First, information on the website is very clear. On top of that, international officers/coordinators are easily reachable via email, there respond quite fast. Teachers are also open for any questions.

transfer of credits

All courses at Copenhagen Uni are worth either 7,5 or 15ECTS. Copenhagen has another grading system (7-point grading scale: -3/00/02/4/7/10/12), which can be confusing. On your personal page you can find the American grading system. This is one of the first year that UU works with a pass/fail system. My credits are not transferred yet.

**STUDENT LIFE**

welcome & orientation programme

I found out that there is a orientation programme for sociology/antropology students one day before it took place. We did some welcome games and there was a guided tour on the campus and a lunch. They also explained a mentor programme for sociology/antropology students. During the semester there were some fun Danish themed activities. Inform yourself about this welcome programme, it was really fun. The next day, there was a faculty welcome programme, here they explained useful information about studying at Copenhagen Uni.

accommodation

Copenhagen university recommends the 'University of Copenhagen Housing Foundation'. I do not really recommend this organisation, but it is almost the only option to find a room. The application process is stressful, because you have to pick a room really fast on a specific date. On top of that, they charge you much money (rent a month + 8000 DKK deposit), and there is a big change they will charge unnecessary fees for extra cleaning. I know some people who rented their room at a Danish family house. They found these on Danish Facebook pages. Fun to live with Danes, and way cheaper!

leisure & culture

Copenhagen will never bore you. You can do so much stuff. There are tons of museums, nice shops, beautiful buildings, parks. Adapting to the Danish culture easy, because it is similar to the Dutch. However, you will experience situations with which Danes will deal completely differently (very patient, don't do small talk & follow rules).

suggestions/tips

- \* Search for 'Foodsharing Copenhagen' on the internet or Facebook. This organization saves food that otherwise will be thrown away. Three times a week they give this food to people that walk by for a little voluntary contribution. Food is fresh and you will get a lot!
- \* Fleamarkets ('Loppemarket') are really populair in Copenhagen, each weekend you can find one somewhere in the city.
- \* Ask for student discount, you can find it everywhere.
- \* If you like museums, follow them on Facebook. Once in a while, special evenings with extra activities are hold. Entrance is free.



## CONCLUSIONS

would you recommend this university/destination abroad to others? please explain

I would definitely recommend this destination. University Copenhagen is a really good university. You will feel at home as an international student. Copenhagen is a beautiful city to live in, there is so much to see and to do! Denmark is also beautiful country with many more cities to explore. The atmosphere in Copenhagen is very pleasant, something I have never experienced anywhere before. As a social scientist, Denmark's (Scandinavian) culture and people will intrigue you.

do you have any additional advice or comments?

The university recommends taking a CPR number when you will be in Denmark for around 6 months or longer. From own experience, benefits having one are less than the 'costs'. You receive a yellow health card, which is usefull, but the Danish Radio will charge you a lot of money for a 'DR media license'. If you do not pay this, you break the law. If you do not have the CPR number, you do not miss anything and it will save you a lot of time.



**UU Report form - Erasmus 2018-2019**

<b>permission to publish contact details**</b> <i>See end note for * and **</i>	<i>optional; only if you allow students preparing for study abroad to contact you (directly)</i>	
	my e-mail address <input checked="" type="checkbox"/> yes: e.j.helmes@students.uu.nl my weblog <input type="checkbox"/> yes: my Facebook account <input type="checkbox"/> yes: other (social) media <input type="checkbox"/> yes:	
faculty/college	Social sciences	
level	<input checked="" type="checkbox"/> bachelor's <input type="checkbox"/> master's <input type="checkbox"/> PhD	
name study programme	Sociology	

destination city & country	Copenhagen, Denmark
name university abroad	University of Copenhagen
start date	01 / 09 / 2018 (dd/mm/yyyy)
end date	15 / 01 / 2019 (dd/mm/yyyy)

**PREPARATION**

exchange application process
The application process was very easy. I went to a lecture where the international office explained which steps you had to take to apply for the exchange program. You had to pick a top 3 of cities you wanted to go to for your exchange period, and send a motivation letter and CV to the international office. About 2 months later they sent me an e-mail telling me that they picked me to go to Copenhagen.
counselling & support at Utrecht University
Support at Utrecht University was very good and fast! When I had a question regarding the exchange or papers I had to fill in for the Erasmus grand, I could e-mail them and they would always reply within 2 (working) days. I also added a course when I was in Copenhagen, and it was really easy to change my Learning Agreement.
academic preparation
I experienced the academic level to be a bit lower than at Utrecht University, they expect less from you (for example, for 3 of the 4 courses I just had to hand in an essay). Though, I did one course on master's level, which was the hardest course I have ever taken in my life. So I think it depends a bit on the courses you choose. Though, if you're able to pass your courses at Utrecht University, you will be able to do so at Copenhagen university as well.
language preparation
No need to do language preparation, as there's plenty of courses taught in English and most Danes speak English very well. If you want to, you can do a Danish language course before the semester starts, but it is not necessary.
finances
Copenhagen is a very expensive city. Housing, groceries, drinks etc. are all more expensive than in The Netherlands. So it is important to come up with an accurate financial plan and have some savings before you leave for Copenhagen.



<b>STUDY ABROAD PERIOD</b>	
study programme (content and organisational issues)	
	The University of Copenhagen was also easy to contact, as they answered e-mails very quickly. I did not experience any organisational issues.
academic quality of education activities	
	As I said earlier, the academic quality was a little bit lower than in The Netherlands as your grade is mostly based on one big assignment/essay or one (oral) exam. The quality of teaching was comparable to The Netherlands, but the lectures were in smaller classrooms with less people than in Utrecht, so they were more interactive.
counselling & support at receiving university abroad	
	If there are any questions about studying at the University of Copenhagen or if you need something to be signed for your Erasmus Grant, they are easily reachable and mostly answer during the same day or the day after.
transfer of credits	
	Each course holds 7.5 ECTS, with a few courses containing 15 ECTS. The grading system in Denmark is different, as it goes from -2 to 12.

<b>STUDENT LIFE</b>	
welcome & orientation programme	
	There were two days of orientation programmes at the beginning of the semester, where general information about studying at UCPH and living in Copenhagen was given. This was also a good opportunity to meet fellow international students.
accommodation	
	It is very hard to find accommodation by yourself in Copenhagen, so the University of Copenhagen Housing Foundation is basically the only option to find a room. You have to apply, and then you receive a link about two months before the start of the semester. Via this link you are able to pick a room. This worked well, but the Housing Foundation did charge unnecessary fees for extra cleaning to everyone I know (they did not tell this in advance) and this fee was very high, around 150 euros.
leisure & culture	
	Danish culture is very similar to Dutch culture, as they speak English very well and society is rather individualistic. They might be a little more introvert than the Dutch, but there are no major differences.
suggestions/tips	
	Try to meet people from a different country than the country you're from, it will be such a nice experience to learn about new cultures (and it is very good for your English!)

<b>CONCLUSIONS</b>	
would you recommend this university/destination abroad to others? please explain	
	I would definitely recommend this university and the city of Copenhagen as a study abroad destination. It is a place where it is very easy to feel at home and people are generally nice and helpful here. Nightlife is very fun and I have never experienced a place with better infrastructure. Also living in Copenhagen makes it very easy to go to other Scandinavian countries like Sweden (you just have to cross the bridge and you're there) and Norway.



**UU Report form - Erasmus 2017-2018**

faculty/college	Social Sciences
level	<input checked="" type="checkbox"/> bachelor's <input type="checkbox"/> master's <input type="checkbox"/> PhD
name study programme	Culturele Antropologie en Ontwikkelingssociologie

destination city & country	Copenhagen, Denmark
name university abroad	Copenhagen University
start date	01 / 02 / 2018 (dd/mm/yyyy)
end date	30 / 06 / 2018 (dd/mm/yyyy)

**PREPARATION**

exchange application process

The exchange application process takes time. You need to take deadlines in mind, which are quite early on in the year, so decide quickly. Don't start your application at the last moment. You will need to write an extensive motivational letter and a well thought-through course plan, especially if you want to go to a university that has only few spots like Copenhagen. I would recommend to have your motivational letter proof-read by (multiple?) people with a sufficient knowledge of English to make sure you write a convincing and professional letter. After this it's just waiting and hoping to be accepted after which all following steps will be explained to you.

counselling & support at Utrecht University

The UU, especially the Social Sciences department, promote going on exchange very well. You can visit information events and talk to older students whom have been on exchange. I can recommend you to talk to as many people as possible to really shape your exchange and chose your destination well.

academic preparation

The level of education is similar to that in The Netherlands. It is therefor not necessary to do certain courses in advance to prepare for univerisity there. It is possible in Copenhagen to do a pre-semester Danish course. But other than that, it's only just necessary to get the requested amount of ECTS at Utrecht University before you're allowed to go on exchange.

language preparation

There is no language preparation really needed in Copenhagen as there are English languaged courses. In the streets, too, most people speak English really well and Danish is relatively easy to understand if you speak Dutch. However if you do want to learn Danish you have various options. The university of Copenhagen offers free courses both for ECTS and without. The Copenhagen municipality will also offer you language courses, but you might need to pay for it.

finances

You will need a bigger budget in Copenhagen than in the Netherlands, as things are more expensive. I was not entirely prepared for this. You will have to hand in a financial plan with your initial application, but keep in mind that your exchange will take place about a year later and that your situation can change. Save up!

**STUDY ABROAD PERIOD**

study programme (content and organisational issues)

Lectures work differently in Copenhagen. There are no workgroups or big lectures. They are both done in one



classroom-sized session simultaneously. It is therefore important that you visit the lectures, even though there is no attendance requirement. You will otherwise miss a lot of information. Because of the workgroup/lecture combination, you will have a lot less hours at university than in Utrecht. Furthermore, because of the classroom-sized sessions, you will need to apply for courses quickly as they might be full otherwise.

academic quality of education activities

Copenhagen has less sub-exams etc. than in The Netherlands. Most courses have only one, big assignment at the end of the course. Usually a big essay (10 page) or sometimes an oral exam. The quality of the lectures are on about the same level as in Utrecht. They do offer courses that are both for master and bachelor students, so you might feel the tempo is a bit higher, but your end assignment will be judged according to your level of study. Some courses offer excursions to illustrate the taught information better.

counselling & support at receiving university abroad

I did not make use of this, but it is available if needed. The university will provide you with enough information to be able to figure out what to do yourself.

transfer of credits

Credits work the same way. All bachelor courses are 7.5 ECTS unless stated otherwise. Copenhagen does have another grading system that might confuse you at times, but the university automatically also gives you a mark according to the American system (A through F) which can then be translated to Dutch grades.

**STUDENT LIFE**

welcome & orientation programme

There was a two-day programme, one for the study, one for the faculty. However these were planned before I was able to move in to my room, therefore I was only able to attend one half day. Here, the use of the library amongst other things was explained. You can also attend a guided tour of the campus and get more faculty specific information, but I was unable to attend this.

accommodation

It is fairly easy to get a room in a dorm through the Housing Foundation, as long as you are on time with booking a room. If your application for Copenhagen University is accepted, you will automatically get an invitation to apply to the housing foundation. They keep rooms free for international students in all kinds of dorms and houses. You just really need to be on time. If you aren't, finding a room will be quite difficult. Just like in Utrecht and Amsterdam, rooms are scarce and finding accommodation without the help of the Housing foundation might not succeed.

leisure & culture

Copenhagen is a thriving, active city where you can do a lot of things. There is something for everyone. The city offers tons of museums, events, shopping malls and bars and everything is easily accessible with public transport and by bike.

suggestions/tips

Accommodation wise: Look at Tietgenkollegiet and Base Camp. These are two dorms with a lot of international as well as Danish students. They are very popular, and you can have a great time there.

Practical: get a personal public transport card (rejsekort) as soon as you get your CPR number. It is very easy to travel and a lot cheaper than if you have to buy separate tickets.

And last: try to interact with Danes! They might seem a bit distant at first, but when you get to know them they are a lot of fun they hang out with and they can teach you all about the little strange traditions they have.

Hanging out with internationals is fun, but I can recommend to try to make some Danish friends.

**CONCLUSIONS**



would you recommend this university/destination abroad to others? please explain

Yes, Copenhagen is a great and beautiful city with more than enough things to do. The university teaches on a high level and is based on discussion and participation, which I think is a great way to learn. My dorm (Tietgenkollegiet) was also a lot of fun. They also offer courses on things you won't find in Utrecht making it a very useful destination academically and your language knowledge of both English and Scandinavian languages will expand greatly.

do you have any additional advice or comments?

If going to Copenhagen keep in mind that everything, especially fresh food and alcohol, is more expensive than in The Netherlands. Therefore, your budget for groceries etc. needs to be higher. It might seem like a detail, but you really don't want to worry about money issues abroad.





**UU Report form - Erasmus 2017-2018**

faculty/college	Social Sciences
level	<input checked="" type="checkbox"/> bachelor's <input type="checkbox"/> master's <input type="checkbox"/> PhD
name study programme	Interdisciplinary Social Sciences

destination city & country	Copenhagen, Denmark
name university abroad	University of Copenhagen
start date	31 / 08 / 2017 (dd/mm/yyyy)
end date	26 / 01 / 2018 (dd/mm/yyyy)

**PREPARATION**

exchange application process

The application process itself was okay. I experienced it as a bit stressful since I wasn't sure about my destination for a long time but once decided really wanted to go to Copenhagen. The writing of the letter and the translation of my resume took me quite a long time, since I was insecure about my English. I would therefore recommend to maybe ask others to talk about your motivation and schedule enough time for writing the letter; Copenhagen is quite a popular destination, so I think it actually matters to write a good motivation.

counselling & support at Utrecht University

The support at the UU was nice. I asked for a little talk with one of the international officers when I was not sure about my destination and once more when I missed the overview. I could furthermore email with my questions and I would get a response very quickly and very helpful and friendly. Nice experiences!

academic preparation

I am not sure what is meant with this question. I didn't specifically academically prepare myself in order to feel prepared to follow the courses in Copenhagen.

language preparation

I did not prepare myself language-wise before going to Copenhagen. I did set myself the goal to become better at English (writing as well as speaking on both informal and academic level) though.

finances

Denmark in general and specifically Copenhagen is very expensive. Housing is super expensive and the rest of the stuff as well. I had a relatively "cheap" room, but it still costed me more than 600 euros a month. Although Denmark doesn't have separate liquor store (as Sweden and Norway do have), the alcohol is still expensive, as the rest of the stuff you want to buy, so just casually going out for a beer can sometimes feel a bit painful considering the amount of money you have to spend. Cheap stores you can do your groceries could include: Netto, Fakta, Lidl and Aldi. It makes quite a big difference to actually buy your stuff there. There's also quite an active foodsharing culture, whereas you can find multiple initiatives who will occasionally give out free food (that would be otherwise be thrown away for example).

I would recommend to bring enough savings with you when going to Denmark.

**STUDY ABROAD PERIOD**

study programme (content and organisational issues)

Studywise, everything is a bit different. Danish students only sometimes study fulltime, for example. So



studying fulltime can provide you with quite a load of studymaterial. The courses I followed were all lasting one semester and only consisted of one lecture per week. That results in a lot of reading and studying on your own (or with friends of course ;) ). I only had to be at university 9 hours a week.

academic quality of education activities

I would say that the academic quality in Copenhagen is mainly the same as in the Netherlands. It probably also depends on what courses you pick. Danes are used to speaking out and giving their opinions during lectures and lecturegroups are most oftenly the size of around 20/30 people; sort of "werkgroep"size, but furthermore constructed as a lecture, where the teacher talks and gives information out. I sometimes missed the "werkgroep"format as there wasn't always a lot of time to discuss with other students (and therefore also making friends during class was a bit difficult in the beginning, since you mainly sit and listen to the lecturer).

counselling & support at receiving university abroad

I didn't make use a lot of any counselling or support, but I sometimes did find them a bit hard to reach when I needed something. They furthermore don't really put a lot of effort in welcoming international (erasmus) students, which I thought was a bit disappointing. On the other hand; the people I've spoken or saw were very friendly once you needed something, etc.

transfer of credits

At the point of writing, my credits weren't all transferred yet, since I didn't receive all my grades yet. The translation from Danish grades (of which the system goes from -3 to 12, please don't ask me why, it is super random) to Dutch grades seem to be a bit disappointing, since the level of education is more or less the same (don't expect getting good grades doing nothing as sometimes is the idea of some students thinking of studying abroad). The two highest grades you can receive in Denmark are a 10 or a 12, but a 10 is transmitted into a B, which on his turn is transmitted into a 7,5 in the Netherlands. Therefore, you can either receive a 7,5 (B) ór a 10 (A) if you receive one of the two highest grades. That gap seems a bit unreasonable big to me (check this with international office though, since I am not sure how everything will turn out to be once I received all my grades).

**STUDENT LIFE**

welcome & orientation programme

The welcome programm is very very minimal. It consist of one or two (depends on if you follow a course somewhere else than sociology) afternoons of someone telling something about the faculty and maybe a quick tour around and that is about it. Don't expect a lot of socializing possibilites with your fellow students. There also is the opportunity of getting a mentor, who is a Danish student. You'll have a group of international students and one or two mentors with who you can organize fun stuff. That is nice, but is not starting at one of the first days. All the information you practically need is provided, but I misses the socializeing aspects since I didn't know anyone yet in Copenhagen. Might be good to be aware of that.

accommodation

Really hard to find in Copenhagen! There is this foundation called Housing Foundation which offers a few student accomodations. They offer way less than is needed though, so it is very hard to find accomodation that way and futhermore it can be very expensive (there were only two rooms left when I got the chance to check their system; both costing around 1200€). I found my room very last minute on findingaroommate.dk a site where you have to pay a little amount, sort of a Kamernet.nl. I was very lucky though, and it is hard; so start early and send as much as possible messages (also through Facebook, there are many pages).

leisure & culture

There is so much beautiful and fun stuff to see and do in Copenhagen. You won't get bored. It is a beautiful city and very nice to live there. On every level, Copenhagen has lots to offer. Student House might be a nice place to start and meet fellow students, they also offer food, beers and activities (fleamarkets as well! In case you need new clothes! Danes are very fashionable, so they second hand clothes are good as well ;) ) for reasonable



student prices (Studenterhuset, on Købmagergade near Nørreport metrostation).

suggestions/tips

See above ^^^^

## CONCLUSIONS

would you recommend this university/destination abroad to others? please explain

Yes! I wasn't very impressed by the (efforts of) university itself, but the quality of education is good and there are nice and motivated teachers. Furthermore, the city is super nice to live in. The people are friendly, the culture is very nice. I loved the city, the culture and the people and I really liked the fact that you get the chance to actually learn about the culture/society as well since you're in sociology or something related and they offer quite a lot of courses that specify on either Scandinavia or Denmark.

do you have any additional advice or comments?

Go to Copenhagen. The city is super nice. Food, architecture, culture, society and people wise!!