



Skills Lab – services 2022-2023

Skills Lab offers you an overview of workshops, courses and (individual) guidance regarding writing, studying and other academic skills. You can also get free writing or study tutoring. Visit our website www.uu.nl/en/skillslab or sign up for our [newsletter](#).

Writing tutoring

Talking about your thesis, paper or essay helps you make progress! You are welcome to discuss your assignment with one of our writing tutors. A few examples of what we could help you with: tackling the assignment more efficiently, formulating your key message more succinctly, improving the structure or style of your text. The sessions are free of charge. [Make an appointment](#).



Study coaching

Would you like to make more realistic study schedules, reflect on your study approach or explore how to improve concentration or motivation? Skills Lab's study coaches are happy to help you with scheduling and learning strategies so you can discover what works for you. Easily [arrange a free appointment](#) online.



Train your academic skills

Do you want to take your academic skills to the next level? Many UU-partners offer workshops and courses. For example: [Smart study techniques](#), [E-learning platform statistics](#), [Brush up Your English](#).

The gateway to your academic development

SKILLSLAB

www.uu.nl/skillslab

For information on all workshops, courses and training sessions, take a look at [our website](#).

The following service is meant for students who are working on their thesis this year.

Thesis support page

Thesis writers take note! Check out the [thesis support page](#), where all the support in the area of thesis writing is brought together. You can find information about thesis events, thesis groups, relevant courses, webinars, e-learnings etc. Subscribe to the [thesis support newsletter](#) and we will keep you up to date!

