

# Career orientation

## What you can do yourself



### REFLECTION ON AND DEVELOPMENT OF YOURSELF AS A PROFESSIONAL

- Explore your options through information meetings on the optional course profile (minor, internship, international study) and the different specialisations
- Find out more about Master's programmes through open days and career prospects on the Master's websites
- Find out what interests you through lectures, workshops and events (e.g. [Studium Generale](#))
- Attend alumni events organised by your degree programme or study association AKT
- Find out what qualities you have and develop (professional) skills through volunteering, a side job or board/committee
- Do a [Skills Lab workshop](#) to develop your skills: e.g. presenting, debating, pitching, graphic design
- Make an appointment with your Coordinator Career Orientation or the Career Officer
- Year 3: go to one of the *Self-analysis for Career Orientation* workshops organised by Career Services
- Take the [online tests](#) offered by Career Services



### EXPLORING THE LABOUR MARKET AND NETWORKING

- Take part in [Your Perspective](#) (monthly): young alumni talk about their work
- Attend the [Humanities Career Night](#) for workshops, alumni and inspiration
- Explore possible careers on Master's websites
- Go on industry visits organised by your degree programme and study association AKT
- Attend alumni events organised by your degree programme and study association AKT
- Visit or be a volunteer at festivals like NFF, IDFA, IFFR, CINEKID, IMPAKT, SPRING-festival, Tweetakt and GO SHORT
- Join [Studio M](#) and develop your practical skills
- Visit activities (like film screenings and theater performances), read blogs and sign up for the newsletters of interesting organisations or (professional) associations ([Theatre Studies](#), [Villamedia](#) and [Filmfonds](#))
- Find out where alumni work with the [alumni tool on LinkedIn](#)
- Join the [LinkedIn group](#) of Media and Culture
- Look at job ads: what knowledge and skills are required? (e.g. in the Netherlands via [Job Teaser](#), [Humanities Internship Database](#), [culturele vacatures](#), [Mediastages](#) or [AKT](#))
- Year 3: go on the *Exploring the Job Market* or *LinkedIn (Advanced)* workshops offered by Career Services
- Year 3: learn about [networking](#) through Career Services



### PROFILING AND APPLYING FOR A JOB

- Year 3: have your CV and/or (internship) application letter checked by the Career Officer or go on a *Writing a CV and Cover Letter* workshop organised by Career Services
- Year 3: submit a test application to the Career Officer
- Watch instructional videos by Career Services

# in the Bachelor Media and Culture

## What the programme offers you

### CONTACT WITH THE FIELD

- The programme invites guest speakers (professionals) in lectures
- From year 2: do an **internship**. Attend the information meeting or talk to your internship coordinator
- In almost all courses you will bring media and culture in practice (e.g. [Workshops](#), *Art, Culture and Society*, *The City As Stage, Audience and Spectatorship Dutch Theatre and Dance Culture*) and you visit organizations (e.g. Beeld en geluid, EYE film museum and Theater Kikker)
- The course [Knowledge for society](#) teaches you about how your knowledge can impact society



### CONTACT WITH ALUMNI

- Meet alumni through activities of your programme and AKT
- Meet alumni via Media and Culture's [LinkedIn group](#)



### ACADEMIC AND PROFESSIONAL SKILLS

- Academic skills that you will learn during your studies are useful in a future career. The courses train you to think as an academic, collect and analyse data and to conduct independent research (see [EER](#) and [course planner](#))
- Within your studies you will become proficient in various professional skills such as writing, collaboration, presentation and critical thinking
- Do an **internship** (abroad): you will use academic and professional skills in practice



### REFLECTION ON QUALITIES, INTERESTS AND MOTIVATION

- Use choices in your major and optional course profile to find out what interests you and what qualities you have
- Talk to your tutor, teachers and the Career Orientation Coordinator about your master choice and future plans



### INFORMATION FUTURE OPTIONS

- Explore [related Master's programmes](#) on the degree programme page for Media and Culture



### USEFUL CONTACTS

#### Your Perspective

[students.uu.nl/en/hum/personal-development/career-services/your-perspective](https://students.uu.nl/en/hum/personal-development/career-services/your-perspective)

#### Career Night Humanities

[carrierenachtgw.nl](https://carrierenachtgw.nl)

#### Coordinator Career Orientation

Name: Feline van den Boogerd

Appointment via: [Book an appointment](#)

#### Career officer

Name: Kristella Hak

Appointment via: [Book an appointment](#)

#### Career Services

[students.uu.nl/en/careerservices](https://students.uu.nl/en/careerservices)

#### Study Association AKT

<https://akt-online.nl/?lang=en>

