



ERASMUS+ STUDIES - UU Report

Every student receiving an Erasmus+ STUDIES grant has to submit a UU report as well. Writing the UU report is one of the university's conditions to receive and keep the grant. Only after submitting this report your Erasmus+ grant will be awarded definitively.

Your report will be **published** (anonymously!) on the [UU study abroad destinations webpage](#) to inform UU students preparing an exchange or research period abroad. Not all of them are Dutch-speaking, therefore we prefer to receive reports **written in English**.

Please use Tab to go to the next (text) box.

family name*	
first name*	
student number*	
permission to publish contact details**	<i>optional; only if you allow students preparing for study abroad to contact you (directly)</i>
	my e-mail address <input checked="" type="checkbox"/> yes: m.j.houben@students.uu.nl my weblog <input type="checkbox"/> yes: my Facebook account <input type="checkbox"/> yes: other (social) media <input type="checkbox"/> yes: or <input type="checkbox"/> my contact details cannot be published on the UU webpage, but I do give the International Office permission to forward my e-mail address to individual students interested in my host university abroad: @
<i>See end note for * and **</i>	
faculty/college	Geosciences
level	<input type="checkbox"/> bachelor's <input checked="" type="checkbox"/> master's <input type="checkbox"/> PhD
name study programme	Sustainable Development

destination city & country	Lisbon, Portugal
how did you travel to your destination?	Airplane
name university abroad	Faculty of Sciences of the University of Lisbon/ Faculdade de Ciências da Universidade de Lisboa
start date	06 / 08 / 2022 (dd/mm/yyyy)
end date	31 / 01 / 2023 (dd/mm/yyyy)

You are requested to write on the following topics. Text boxes will expand automatically while typing!

PREPARATION
exchange application process
The process took a while, as there are many steps to follow. I felt that this process was quite vague sometimes and too much work. The reason for this was that normally students are only allowed to follow courses of one master's program. With many emails back and forth I managed to choose the courses myself. Therefore it is good to know that you can choose courses at this university, but it requires some effort.
counselling & support at Utrecht University



You have an introduction meeting which was ok. The International office Geosciences helped me a lot with figuring out how the host university works.

academic preparation

None

language preparation

None

finances

I saved some money and applied for the Erasmus Grant.

STUDY ABROAD PERIOD

study programme (content and organisational issues)

I followed random courses at my host university, two courses from geophysics & energy and two courses from Ecology & environmental management.

academic quality of education activities

Not very difficult when compared to UU quality. The workload is especially low. Exams and assignment are pretty vague however, which makes it difficult to score high grades.

counselling & support at receiving university abroad

Almost not present. The teaching staff was not super helpful and they expect you to figure it out by yourself a lot. Asking other students (mostly International students helped for this). The Portugese students are not very open and tend to speak in their native language.

transfer of credits

In the process now, but I do not expect any complications.

STUDENT LIFE

welcome & orientation programme

There was one welcome day at the beginning of the semester at the university. In Lisbon, there are many Erasmus activities which I really recommend going to. Ranging from going to bars in Bairro Alto to boat parties or trips to the Algarve. This is also where I have met most of my friends.

accommodation

I booked my room through Uniplaces. I emailed them directly to skip the fee needed for the website. Start early with looking for an apartment, as the places get a lot more expensive when you wait too long.

leisure & culture

Amazing city. I would completely recommend going to Lisbon. I have enjoyed myself a lot for 5 months. The culture is amazing.

suggestions/tips

Definitely go to Lisbon! Start early with looking for a house and if you have the choice go for Technico University.

CONCLUSIONS

would you recommend this university/destination abroad to others? please explain



One of the most fun cities to live in, so definitely go. As you can probably tell I am not fond of my host university. This however did not stop me from having an amazing time in the city. If you have any specific questions feel free to contact me on my email adress.

do you have any additional advice or comments?

Go to the restaurant Sabor do Nepal!

Save this UU report for your own records and upload the report in your Erasmus+ file/application in Osiris within 30 days after finishing your study abroad period and in ANY case before the final deadline!

NOTE: Please **upload in Word (.docx)** so we can delete your ***personal details between processing for grant purposes and publication on the website for future UU exchange students. **Contact details will only be included if and where permission has been given.**