



Workshop Finance

How do I finance my exchange?

No recording but FAQ & slides on the website

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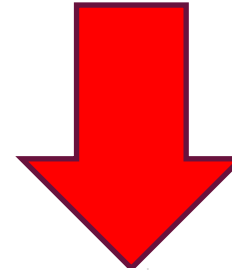
Exchange

Schedule Workshop

- Welcome!
- Exercise 1: income
- Information on Fees & Grants
- Exercise 2: expenses
- Where can I find information?
- Tips
- Questions?



Exercise 1: Adding income

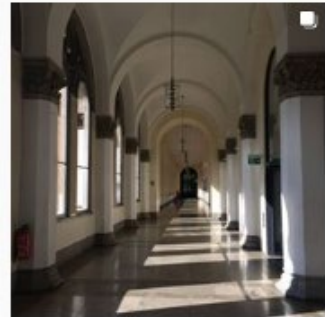
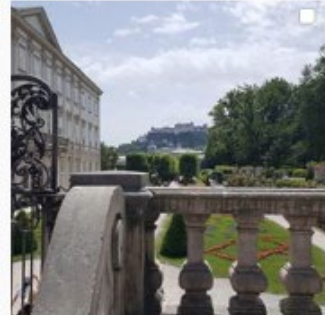


1	Budget overview - Going abroad					
2						
3	Name					
4	Duration of stay in months (enter number)		5			
5	Duration of stay in months destination 2		0			
6	Duration of stay in months destination 3		0			
7						
8	Income					
9				per maand	subtotaal	eenmalig
10	DUO Loan / supplementary grant			€ 0,00	€ 0,00	€ 0,00
11	DUO public transport compensation			€ 0,00	€ 0,00	€ 0,00
12	Own contribution / savings			€ 0,00	€ 0,00	€ 0,00
13	Parental contribution			€ 0,00	€ 0,00	€ 0,00
14	Room sublet	income from subletting of a home		€ 0,00	€ 0,00	€ 0,00
15	Health care allowance			€ 0,00	€ 0,00	€ 0,00
16	Grant 1 (example: ErasmusGrant)			€ 0,00	€ 0,00	€ 0,00
17	Grant 2 (example: Travel Green Grant)			€ 0,00	€ 0,00	€ 0,00
18	Total					€ 0,00



Income

- Public transport compensation: 104 a month (2022)
- [Wilweg.nl](#) → [beursopener](#) (Dutch site)
- Allowance → Dutch *Belastingdienst* (Inland Revenue)
- Grants
- Some compensations only apply for Dutch students





Erasmus+ grant

Exchange within the Erasmus+ programme:

EU countries + Turkey

Not available for:

- Switzerland (has own grant)
- Russia
- UK is not yet known for 2022-2023

APPLICATION THROUGH OSIRIS

www.uu.nl/erasmus

erasmus@uu.nl

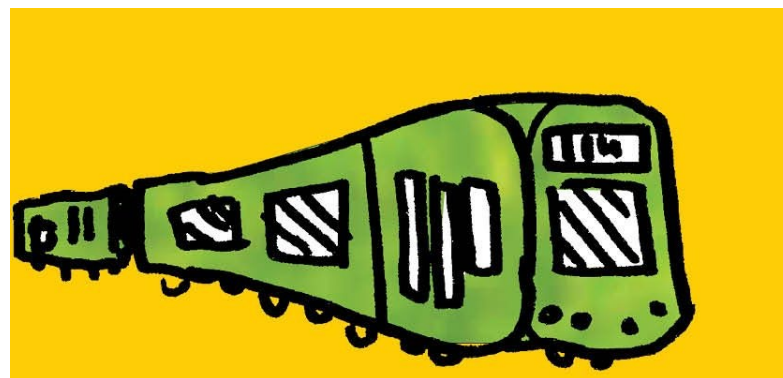
	for studies	for traineeships
Group 1 - Programme countries with higher living costs Denmark, Finland, Iceland, Ireland, Liechtenstein, Luxembourg, Norway, Sweden, United Kingdom	€360	€480
Group 2 - Programme countries with medium living costs Austria, Belgium, Cyprus, France, Germany, Greece, Italy, Malta, Portugal, Spain,	€300	€420
Group 3 - Programme countries with lower living costs Bulgaria, Croatia, Czech Republic, Estonia, Hungary, Latvia, Lithuania, North Macedonia, Poland, Romania, Serbia, Slovakia, Slovenia, Turkey	€240	€360

Special needs grant: students for whom it is impossible to study abroad without additional support, due to any (diagnosed) health-related condition, can apply for extra financial assistance. Please contact erasmus@uu.nl for application procedures and conditions.



Grants

- Holland Scholarship
- Travel Green Grant
- External Grants
-
- Erasmus+ Grants



EXTERNAL SCHOLARSHIPS

British Council scholarships and grants	For scholarships and grants in the United Kingdom. More information ↗ .
Collegio dei Fiamminghi	For a research project in Bologna, Italy. More information
Cultural agreements	Within the scope of specific cultural agreements. More information ↗ .
DIA-Stipendium Germany	For students and researchers who are going to Germany for their exchange, master or research. More information (in Dutch) . ↗
ECHO Foundation Grant	For ethnic students. More information ↗ (in Dutch only).
NIKI Grant	For a study group/research internship at the Dutch Inter-university Art History Institute (NIKI) in Florence, Italy. More information ↗ .
Scholarship Portal	This website integrates the funding opportunities for studying, working or performing research in one of the European nations. More information ↗ .
Utrecht Network Young researchers grant for Masters	Utrecht Network Young researchers grant for Masters

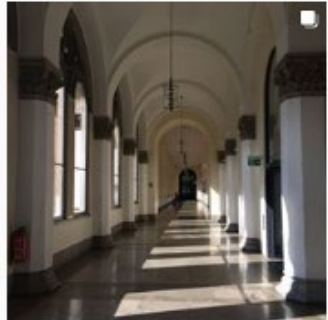
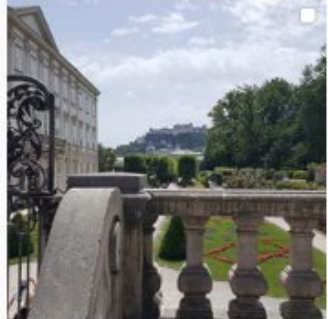
Exercise 2 : Expenses X3



20	<u>Expenses destination 1</u>					
21			per month	subtotal	one-off	total
22	Rent (abroad)	Estimate, based on partner uni website or wilweg.nl		€ 0,00		€ 0,00
23	Living expenses (basics)	Food, clothes, personal care		€ 0,00		€ 0,00
24	Travel costs	Roundtrip to and from destination		€ 0,00		€ 0,00
25	Local Transport	Bike, bus, train		€ 0,00		€ 0,00
26	Phone costs	Subscription + extra costs		€ 0,00		€ 0,00
27	Insurances	Healthcare, liability, etc.		€ 0,00		€ 0,00
28	Travel insurance			€ 0,00		€ 0,00
29	Visum costs			€ 0,00		€ 0,00
30	Study material	Administration costs, books, stationary		€ 0,00		€ 0,00
31	Memberships	Gym, newspaper etc.		€ 0,00		€ 0,00
32	Rent (Netherlands)	When subletting your room, copy the amount from 'income' above		€ 0,00		€ 0,00
33	Tuition fee UU	Only for the months you are abroad		€ 0,00		€ 0,00
34	Trips / parties / social events			€ 0,00		€ 0,00
35	Other and unforeseen expenses	5% of your budget overview				€ 0,00
36	Total					€ 0,00

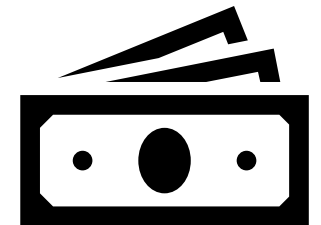
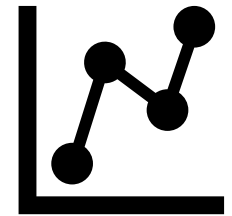
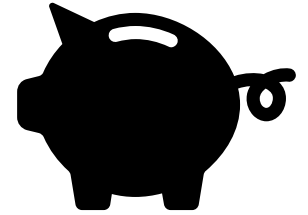
Where can I find information?

- [Destination page](#)
- [VSB fonds](#) country information (in Dutch)
- Visa costs:
 - Host university website
 - Host country embassy website
- Insurance costs:
 - mandatory insurance host university (i.e. Australia / USA)
 - Travel Insurance



Advice

- Save up for fun activities!
- Creditcard
- Keep track of exchange rates
- Keep track of your expenses (use cash money!)



Questions?

