



## University College Utrecht internship reflection report (non-academic internship)

In your internship reflection report, you are asked to evaluate your internship activities, reflect on your personal learning goals and on the connection with your UCU curriculum.

**Please complete all internship forms digitally.**

### Next steps:

- Please submit the completed internship reflection report, and your grading sheet completed by your host supervisor, to the UCU Futures Centre ([ucu.futures@uu.nl](mailto:ucu.futures@uu.nl)), within two weeks after completion of your internship. If you maintained a log book of your daily activities during your internship, please submit your log book as well.
- The internship coordinator at the Futures Centre will assess your report and grading sheet, and, if necessary, connect with you for further information.
- Once the report has been approved, the internship coordinator at the Futures Centre will complete and sign your grading sheet, and return it to you, with a cc to the UCU Registrar's Office for further administration of your internship result in Osiris.

### A. General Information

Student name

Student number

Internship host organisation:

Start date internship

End date internship

Number of hours worked (total)



**B. Evaluation of your internship activities and outcomes (approx. 200 words)**

**C. Reflection on your personal learning goals and development (approx. 200 words)**

Please refer to the learning goals you identified in your internship proposal, as well as reflections on other knowledge or skills you gained during your internship that you believe will be useful for you in your future career. Be as specific as possible about the indicators you use to measure the results or development process.



**D. Reflection on connection of things learned to your UCU curriculum (approx. 200 words)**

**E. Feedback and recommendations to host organisation (approx. 100 words, more if necessary)**

Based on your internship experiences, do you have any feedback or recommendations (organisational, societal, political, etc.) for your host organisation, that may help them improve their work?