



## LUISS (Rome)

2022 – 2023

<b>PREPARATION</b>
exchange application process
At first I started looking at options of universities where to go. I decided on my top three, Rome was the number one choice. I started writing my motivation letter, which I handed in soon after. This is all I had to do for the selection process. Quite soon after I got the news that I was selected to study in Rome! After this news I could start subscribing to LUISS, all the steps that I had to take were clearly explained.
counselling & support at Utrecht University
The support from the national office was great. If I had questions I could easily find the person to ask and I would receive an answer quite fast.
academic preparation
I had to choose courses in my learning agreement beforehand, eventually I had to change all these courses again due to overlap in the schedule. Besides this I did not have to do any academic preparation.
language preparation
I did not need any language preparation. All my courses in Utrecht were already in English and LUISS offered a lot of courses in English. There is also a course at LUISS to study Italian.
finances
I recommend saving money beforehand, and make sure you apply for the Erasmus grant which you can get if you study abroad in Europe. Studying abroad is quite expensive, you most likely spend more than you think beforehand. When you are there you want to do anything to make the most of your time there. Going out is quite expensive, but going out for dinner is not expensive compared to the Netherlands. Rent and groceries are around the same price as in the Netherlands.

<b>STUDY ABROAD PERIOD</b>
study programme (content and organisational issues)
Beforehand I had chosen some courses which turned out to overlap in the schedule. The first week of the school year you had the time to change these courses. In my opinion this was not a great organisation, because I missed the first week of all courses that I ended up following due to the change in schedule/study plan. In general there were some organisational issues, such as teachers that showed up really late or did not show up at all.
academic quality of education activities
The study programme was quite comparable to the Netherlands in my opinion. It does depend on what courses you choose though. Some courses were significantly easier than in the Netherlands, but I also followed some courses that were quite difficult.
counselling & support at receiving university abroad
The exchange office responded quite quickly in general. In the beginning, when I had to adjust my study plan, on the other hand, it was difficult to reach the right person and understand what I had to do.
transfer of credits
The transfer of credits was good. In Italy they used the same credit system which makes it easy to change it into Dutch credits in Utrecht.



<b>STUDENT LIFE</b>
welcome & orientation programme
The welcome week of ESN was great! They organized a lot of parties and other activities to get to know a lot of new people, but also the city in a great and fast way.
accommodation
I lived in the neighborhood Trieste. It was a great neighborhood with a lot of other students living closeby. Everything you need can be found in the neighborhood: supermarket, shops, cafes, and it was very close to the university as well. I lived here with 7 roommates, which was amazing. There was a great sphere due to which I really recommend looking for a house with roommates.
leisure & culture
Rome has a great possibility for student life. The parties are great and there are a lot of different clubs you can go to. Ofcourse there are also a lot of cultural spots you can go to sightsee and a lot of really nice restaurants and cafes. Also it is great to visit some other cities in Italy, public transport is great and you can take the bus or train for a relatively low price to take a little trip.
suggestions/tips
Ofcourse you sometimes need a day off, but I think it is great to say yes as much as possible. Go on that trip, enjoy that party, go out for dinner with some people you just met. Enjoy the time you have abroad, as it will be over before you notice!

<b>CONCLUSIONS</b>
would you recommend this university/destination abroad to others? please explain
Yes I would definitely recommend it! The university is very beautiful and has great teachers. Also the city is amazing. I got to know so many nice, new people. Everyday there was something nice to do and someone that was in for something fun. The parties, the city, and the people all were amazing.
do you have any additional advice or comments?
I would recommend to find a house with some roommates, so you always have someone nice to go back to, it really made a big part of my exchange and it was amazing. Also I recommend to not invite to many people over beforehand, it is great to have some time to show people from home your life on exchange, but I think it's also great to live your own life there and really enjoy the time with your friends there, because it only lasts a few months.



<b>PREPARATION</b>	
exchange application process	
	For the application process I started with looking at all the possible destinations and determining which city and country I would like the most. After that I researched LUISS a lot and all the courses they have over there. After that I wrote a good motivation letter. Make sure that you start on time with this because the international office and the guidance counselors are all really busy and it takes time for them to answer your e-mails.
counselling & support at Utrecht University	
	The help you get is good, but there are so many students who want to apply for the exchange that the lines for the offices are really long just before the deadline (I stood in line for 2 hours) so try to beat those lines by getting your learning agreement signed some time before the deadline. I ended up changing 3 of the 4 courses I had written on my learning agreement when I arrived at LUISS because they had overlap on my timetable, didn't exist when I arrived or just didn't seem interesting anymore when I got more information about them but there were a lot of possibilities to change once I got at LUISS.
academic preparation	
	I passed everything in Utrecht before going to LUISS and didn't really prepare for it apart from that
language preparation	
	I already spoke English but no Italian at all, and I had no trouble with a language barrier. All the courses that were taught in English were easy to follow
finances	
	I saved money before going, and during my stay there I had DUO every month. Living is more expensive there and I wanted to make a lot of trips in Italy too so I spent more money there every month than I did living in Utrecht

<b>STUDY ABROAD PERIOD</b>	
study programme (content and organisational issues)	
	I had a more hours of class every day than I did in Utrecht. I had 4 courses and they each had 3 classes every week so many days were busier than I was used to.
academic quality of education activities	
	The level of education at LUISS is really good, there were a lot of interesting guest speakers for all the courses I was following and the professors teaching are often important people in their field of work. The level of the exams was lower and easier to pass than the exams in Utrecht
counselling & support at receiving university abroad	
	The guidance counselor and international office were really helpful with all my questions and responded quickly to all my emails.
transfer of credits	
	I haven't done it yet but LUISS sends them to the UU

<b>STUDENT LIFE</b>	
welcome & orientation programme	
	I signed up for ESN LUISS and that was a great decision. In the first week they organized a Welcome week and I signed up for that too and that was really fun. They organize a lot of parties where you can meet all the exchange students who go to LUISS. In the welcome week they also organized activities to get to know the city



and the culture and you make friends during these activities too. I would reconmend signing up for this because I met a lot of friends there
accommodation
I got my room through Uniplaces. I booked it in may and at this time there were a lot of rooms to choose from and I could pick what I liked most. But I heard that people who started looking just before coming had a lot of trouble finding something, so start in time! Housing is pretty expansive I payed around 650p/m but a lot of my firend even more. A tip is to try and find an apartment close to LUISS because the public transport in Rome is really bad, busses are always delayed a lot or just don't show up so it is really unreliable so if you life far from the uni this could give you a lot of trouble.
leisure & culture
My free time I mostly spend walking in the city, going to museums and chilling in villa borghese. Drinking aperol spritz with my friend, clubbing and going on trips in Italy.
suggestions/tips
save some money to travel around in Italy because it is beatiful. And don't only go to big cities but the nature and lakes surrounding rome and the rest of italy are also really beautiful. The cities are nice to visit during times that there are not a lot of tourists

<b>CONCLUSIONS</b>
would you recommend this university/destination abroad to others? please explain
Yes!! LUISS is a great university and it is really cool to experience and Italian private school! All the students and teachers are really nice. And Rome is an amazing city which will never get boring, the student life is really fun and there are so many exchange students in Rome that you will make friend for life from all over the world. I had an amazing time and wish it could last longer!
do you have any additional advice or comments?



<b>PREPARATION</b>
exchange application process
The application process was going well, no issues. you have to submit a study plan in advance, which has to be signed by the studyadvisor.
counselling & support at Utrecht University
The studyadvisor and the exchange board will help you with all the questions. however, I have had not that much communication with this board since everything was clear already.
academic preparation
I have not done any preparation. if you just follow your courses at UU you should be able to meet with the requirements at LUISS
language preparation
also no preparation, since I had no Italian courses. your level of English should be C1
finances
Life is expensive in Rome (especially housing). I saved some money in advance and kept working in Rome (online) to finance it. however, keep in mind that it will cost quite some money

<b>STUDY ABROAD PERIOD</b>
study programme (content and organisational issues)
At LUISS the study programme is not per period, but per semester. So the courses will take the whole semester instead of 8 weeks at UU
academic quality of education activities
The economic and finance courses are relatively doable in Rome. the courses at the law faculty are more intense, so keep that in mind.
counselling & support at receiving university abroad
The support is great at LUISS. it is a private university, so the services are perfect, since that is what you can expect from a private university.
transfer of credits
not completed yet, but it should work automatically

<b>STUDENT LIFE</b>
welcome & orientation programme
in the first two weeks LUISS organises a welcome programme. I recommend it to attend this programme, since you will meet the fellows in this week. So it is important to be in Rome before the start of the courses.
accommodation
Finding good accommodation is difficult in Rome. do not expect to live in the LUISS campus, since it is only for LUISS students. so you have to try and find accommodation by yourself. be in time to find better/affordable housing.
leisure & culture
Rome is the perfect place for leisure and culture. so finding some activities in your free time will be easy.
suggestions/tips



Keep in mind that there are a lot of tourists in Rome. So if you want to visit some touristic earea's, you beter do it during the working days.

## CONCLUSIONS

would you recommend this university/destination abroad to others? please explain

Yes, it is a great opportunity to study at a top university and gain some abroad experiences. Also the city is perfect, because of the history and ammount of places to visit.

do you have any additional advice or comments?

most important is to find your accomodation in advance.



PREPARATION
exchange application process
I followed all the steps the UU showed clearly on their websites.
counselling & support at Utrecht University
I attended several meetings where they explain how the whole exchange preparation will go! You can call staff from the UU to help you out!
academic preparation
My academic goal was to pass all my courses before the exchange! So I would not end up with a massive delay in the end.
language preparation
I did not prepare for the language, since I was going to follow english courses.
finances
I made up a finance plan, which ended up being a little less!

STUDY ABROAD PERIOD
study programme (content and organisational issues)
Luiss Guido Carli, the programme was made very clear, also they offer a lot of help in understanding your courses and where you need to go. Luiss is very good at their communication.
academic quality of education activities
the quality of the courses depended on the teachers, some courses were harder than others!
counselling & support at receiving university abroad
there were enough people to reach out to whenever you did not understand something clearly
transfer of credits
i am not entirely aware of how this process is going, they told me that luiss will transfer my grades to UU

STUDENT LIFE
welcome & orientation programme
I attended the luiss welcome week as well as the ESN welcome week, both were very useful in order to meet new people!
accommodation
I got a house through the website uniplaces, I recommend to search for a house months in advance to make sure you have a nice house close to the university, since public transport in Rome is not very reliable sometimes. I live 2 minutes away from my campus and that was really nice! I got a room in May 2022, and was going there september 22
leisure & culture
I loved Rome, there is so much to do and to see!!
suggestions/tips
i have many tips to share, which I would love to do say but than you can mail me and I can share my tiplist for



restaurants, rome life and other useful tips!

## CONCLUSIONS

would you recommend this university/destination abroad to others? please explain

I would highly recommend this place! The university is very modern, (since it's a private university), the city is incomparable to anything else, there is always something to see and to explore, the food is even more amazing and life is very cheap here in Italy. I made friends for life and Rome will always be very special to me!

do you have any additional advice or comments?

start to look for housing early! show up at all welcome weeks to meet new people!



## 2021-2022

PREPARATION	
exchange application process	The application process went smoothly. Note that you already have to state which courses you want to take, but this does not have any effect on the courses you will actually follow eventually. I took not one course out of the courses that I originally declared to follow.
counselling & support at Utrecht University	A mistake was made: I applied for the second semester but they informed the university abroad that I would come the first semester. After a lot of calls and emails they fixed this mistake. I'd advice students to pay attention to all emails you get and check if everything is arranged like it should.
academic preparation	The academic level in terms of difficulty is way lower in Rome than in Utrecht. Therefore I would not worry too much about the preparation you have to do for the subjects you choose. It's smart to check the course catalog at the LUISS website to see what the courses entail and in which weeks the exams will be taken.
language preparation	I could already speak English fluently so I did not do any preparations. I would advice people to take an Italian language course at home before going since I regret not having done this. In general, the Italian people you meet in supermarkets and stores etc. cannot speak Italian that well.
finances	The life abroad is quite expensive since you will want to do a lot of fun stuff with people you just met. It's good to realise this and save some money before going. If you have the possibility to have a small job you can do from home (so in Rome as well), this is a good option since most people have a lot of free time left.

STUDY ABROAD PERIOD	
study programme (content and organisational issues)	It's good to know you can still change your study program in the first week of classes at LUISS in Rome. In the first week most teachers will provide you with the way the course is organised and you will get all the examination dates.
academic quality of education activities	The facilities are really modern and good. The level in terms of academic difficulty is lower. The level between different teachers differs a lot. Some of them speak very good English, others are more difficult to follow.
counselling & support at receiving university abroad	They respond very fast to emails at LUISS in Rome. If you want to change your language agreement or another Erasmus document, this will be possible and pretty easy to get done. Notice that the end date that Erasmus takes into account for providing the grant is the last date you have your exam, and not the date that is on your signed certificate of attendance.
transfer of credits	Since I took extra courses that were not needed to get my bachelor I did not transfer credits (yet). I guess the transfer itself goes directly by LUISS sending the Transcript of Records to Utrecht University.

STUDENT LIFE	
welcome & orientation programme	



The ESN welcome week is a good opportunity to meet students and make friends. Everyone is really easy going and is looking to make friends. In the welcome week different activities (like visiting different villa's) and parties are organised.

accommodation

I got my apartment via the website Uniplaces. It feels a bit weird since you have no idea who you are going to live with, so you have to be a little bit lucky with who you're gonna live with. Overall, most students that book their place on Uniplaces or Spot a home are international students. Most people from LUISS live in or near the neighborhood Trieste.

leisure & culture

I experienced a lot of free time and loved the culture and going out in Rome. From may-august Rome is full of tourists so if you have the opportunity to visit the big touristic spots in the other months, I would advice you to do that.

suggestions/tips

- Follow Erasmus Roma Association and ESN on social media to get updates on international events and parties.
- On every first Sunday of every month, a lot of cultural things like musea are free.
- Subscribe to Dott bikes, they are electrical bikes and more reliable than the public transport.

## CONCLUSIONS

would you recommend this university/destination abroad to others? please explain

I would definitely recommend LUISS university in Rome. The city is amazing and so big you will still not have seen all of it after a semester. There is a lot to do both culturally and for leisure. LUISS itself is a nice university with good facilities.

do you have any additional advice or comments?

Make sure to timely search for accomodations since this will safe you a lot of stress. In the first weeks, meet as many people as you can and be social to everyone so you can choose a group/groups that will fit you best.

## PREPARATION

exchange application process

The application progress was relatively easy and straightforward. We had to write a top 3 of universities we wanted to go to and a motivation letter. Relatively quickly I got the answer that I was accepted in my first choice which was Rome

counselling & support at Utrecht University

The guidance from Utrecht University was pretty good. The student councellors were there to help with the study plan and whenever I had any questions the international student office was quick with a reply

academic preparation

I did not take any extra academic preparation

language preparation

I did not take any extra language preperation as my bachelor is already in English

finances

Luckily, the Erasmus Grant was available, for which I got an amount of 300 euros per month. 80% of this was awarded at the start (it was awarded a bit later because of technical difficulties) and the rest will be awarded at the end of the period. I have to say however that it is smart to save a lot before you go because it is very tempting to go out to eat and have drinks and shop in Rome. Rome is less expensive then a lot of other cities



and going out to eat or going for a coffee is a lot cheaper than for example in the Netherlands, so that is nice but I personally spent a lot of money because I just wanted to enjoy my time and the amazing food. I do not regret this at all though!!! My rent was 550, just a little higher then what I would spend in Utrecht.

### STUDY ABROAD PERIOD

study programme (content and organisational issues)

The study program at LUISS was quite good. The level was a bit easier then in the Netherlands. Sometimes the university was a bit disorganised with for example exams, but they were always very eager to help whenever I had any issues and the study program went over very smoothly for me.

academic quality of education activities

LUISS is a high quality school in Italy. The level was a bit easier then in the Netherlands but the professors were good and helpful.

counselling & support at receiving university abroad

I did not really require any counselling so I don't have experience. I can say however that support at the receiving university was good and it was easy to reach someone whenever I had difficulties.

transfer of credits

My credits have not been officially transferred yet so I do not know about this. They should be transferred however if you discuss your study plan with Utrecht University beforehand and your courses are approved.

### STUDENT LIFE

welcome & orientation programme

The welcome program was very well arranged. The ESN board of LUISS arranged a fun welcome week in which you could meet a lot of people from all around the world. They also have a buddy program to help you get used to Italy.

accommodation

I had a really nice accomodation in Salario near Porta Pia. It had a nice balcony and I lived with 5 other uni students. I got the accomodation via via, but the rest that lived there got it through LUISS' accomodation program in which they help you find an accomodation. I paid 550 exclusive. My apartment was located in between the centre and the university which was perfect. A lot of people had an accomodation in Trieste, which is also nice because it is close to uni. I wouldn't recommend getting an apartment very far from uni such as in for example Trastevere, because public transport and especially busses can be unreliable in Rome.

leisure & culture

The culture and leisure are my main reasons for loving Rome. It is an amazing city to live in. The people are really nice and kind to foreigners. Next to this, the food is amazing and there are so many nice places to eat and drink. My favorite neighborhoods for this are Monti and Trastevere. Next to this, the city is so amazing to explore with all its architecture, art and history. The atmosphere in the city is really good and the wheather is mostly nice

suggestions/tips

I recommend getting a monthly dott persription for 30 euros. These are steps (scooters) that are all around the city. Me and my friends preferred this over having a monthly pass for public transport which costs about the same. If you get the dott pass you can take it the whole month and for me it was about 10 minutes to uni and 15 minutes to city centre, and public transportation can be a bit unrelaible (especially the bus). A lot of people had an accomodation in Trieste, which is also nice because it is close to uni. I wouldn't recommend getting an apartment very far from uni such as in for example Trastevere, because public transport can be unreliable.

### CONCLUSIONS



would you recommend this university/destination abroad to others? please explain

Yes i would definetly recommend this location anduniversity. The university buildings are very nice and I also liked the courses. Next to this, I wouldn't have wanted to have had my exchange anywhere else then in Rome.

do you have any additional advice or comments?

I think I already covered all my tips.

## PREPARATION

exchange application process

Attend the meetings and contact people who went on exchange before, preferably ones who went to the same destination as you. Also get in touch with the other students from UU with the same destination.

counselling & support at Utrecht University

Study advisors are very helpful when you need something.

academic preparation

Make sure you have at least 90 ECTS before applying.

language preparation

None.

finances

Make sure you save some money before going there. Life in Rome, especially with the rich students attending this expensive private university, is not going to be cheap. You also don't want to live cheap during this experience. I always worked a lot during my bachelors and I kept on working from home during my exchange for 16 hours a week. This way I never had to say no to things because of money and did not have to contact my parents for money. Many other students did that second option... I only recommend people to work as much as I did if they don't need to pass all the courses or go to every class. There are many classes, usually very long and boring. I did not go to them, also because I did not have the time because of working and a busy social life in Rome.

## STUDY ABROAD PERIOD

study programme (content and organisational issues)

Economics and Finance

academic quality of education activities

Bachelors

counselling & support at receiving university abroad

relint@luiss.it usually responds very fast when you need something.

transfer of credits

Still busy doing this. I believe they immediately send you this when you ask for it though.

## STUDENT LIFE

welcome & orientation programme



Attend the welcome week. You will meet many other students during this week and everything is optional if you don't turn out to like it. The parties they organize will go on throughout the whole semester.
accommodation
There are many options, but they are relatively expensive. My monthly rent went up by €200 compared to what I pay in Utrecht. I believe the university is very willing to help you find an accomodation, even with a group of others if you would like so. I recommend living in Trieste, a very nice area with many students, not too many tourists and it is near the university. Also the city centre is not so far from there.
leisure & culture
During the welcome week you will find many students who are very excited to explore Rome and make new friends. Make sure you say yes to as many things as possible, there will be many things organised by the university and their committee.
suggestions/tips
Clubs are expensive Try to let girls who bring bags to smuggle bottles into them.

<b>CONCLUSIONS</b>
would you recommend this university/destination abroad to others? please explain
Absolutely! I made many friends that already visited me in Utrecht and I plan on going back to Rome on a regular basis. Rome is the most special city you could ever go and life there is good.
do you have any additional advice or comments?
Don't worry too much about classess and courses. The level is comparable to a bachelor's first year in Utrecht and there is way too much to see and do in the city. Have fun!

## 2018-2019

<b>PREPARATION</b>
exchange application process
The application was really easy and the study advisor helped a lot. only finding to good courses to take was more difficult. The course description from the receiving univerisity was not really clear. How the course worked and what it all was about was something you had to find out in Rome.
counselling & support at Utrecht University
The study adivisor helped with all the questions, it was also necessary to find out a lot by your self. This helped to understand everything better.
academic preparation
My level of english was sufficient enoug to partcipate in a university in Italy. I made sure that i liked the course which i choose. This made it easier to follow them.
language preparation
Language preparations where not necessary because i could use english. My study at the university in Utrecht was also in English
finances
I made sure i worked enough to pay for all my expenses. Also Duo is possible if you don't work as much as i did.



<b>STUDY ABROAD PERIOD</b>
study programme (content and organisational issues)
in the beginning it was hard, you should make your own timetable and look if it was possible with different time slots. You just had to find out which courses fitted into your time table, also they had to match with the requirements of the sending university. The university gives you two weeks to find out, so you can go to more courses the first week to look if you like them. After that week you can decide and subscribe to the courses.
academic quality of education activities
the quality is a little bit lower then in the Netherlands. If you do your best it is possible to score a 10 (30 points). In the Netherlands it is almost impossible to score a 10 as grade.
counselling & support at receiving university abroad
ESN; which is a group of students which helps students on exchange. They helped a lot with questions and where to go if we wanted answers. Luiss university also had a really kind student office which was always willing to help you.
transfer of credits
The credits were sent to my home university without a problem.

<b>STUDENT LIFE</b>
welcome & orientation programme
ESN is an organisation which organizes activities for exchange students. They did an amazing job helping people to meet each other and organizing trips and other activities. During these events you met new people to become friends with. ESN really helped to make the beginning more easy and natural.
accommodation
I found an apartment via the real estate service of the university itself. They have a Facebook page on which they post available apartments. You can contact them about information and they will take care of everything for you. They did an amazing job and I have an amazing apartment. I only have problems with getting my deposit back, so I hope this problem will be solved this month.
leisure & culture
Rome is the most beautiful city in the world, so everywhere you go there is amazing leisure and culture. Especially the last weeks of exchange, we had some free time so we went to all the secret spots of the city. It was amazing.
suggestions/tips
I can give you all the tips but that are a lot. For example always go well dressed while going out, without casual clothes you can't come inside. For all the tips please contact me personally +316-34389001

<b>CONCLUSIONS</b>
would you recommend this university/destination abroad to others? please explain
Yes, the university is a private university and is beautiful in every sense. The people on the university are really friendly and helpful. Rome is also really beautiful, so if you are not coming for the great university you should come for the beautiful city.
do you have any additional advice or comments?
Make sure you attend the ESN programme, it is really good to meet new people. Also wait till the real estate of Luiss gives you a good option. A nice apartment is important as well as a good location of the apartment. For



personal contact please be free to contact me.

## PREPARATION

### exchange application process

I expected the application to be quite hard, but it was done in no-time. I chose Rome as first choice and after a while I got the message that my Exchange destination was Rome. Every step was clear and easy to submit.

### counselling & support at Utrecht University

I spoke with the study advisor about my possible exchange and after this conversation, it was clear to me that it was possible to do an exchange within my study programme. Questions regarding the exchange were replied really quick by the exchange office. In this way, I had the feeling that I left the Netherlands well prepared.

### academic preparation

I didn't really need a academic preparation. I just had to finish three more courses to finish my bachelor programme, therefore it was an easy choice to me which courses to take.

### language preparation

Since my bachelor programme was completely in English, I didn't expect any troubles during the exchange. I had to do an English test up front and afterwards to check my level before and after exchange. For me, this was enough preparation and I had no problems with it during the exchange.

### finances

I financed most of the semester by my own. I saved some money the year before. This in combination with the erasmus grant and the student loan was enough to live without any troubles. However, in my experience, 5 months of exchange is way more expensive than just 5 months in the Netherlands.

## STUDY ABROAD PERIOD

### study programme (content and organisational issues)

I followed three courses (24 ECTS) since that was the amount I needed to graduate. This was quite easy to combine with an amazing social life. The classes were different than in Utrecht. All classes were lectures and therefore less interactive. Personally, I liked this way of teaching. Furthermore, the courses were more theoretical than in Utrecht. Materials were less focussed on the real world.

### academic quality of education activities

In my opinion, the level of the courses is lower than in the Netherlands. The materials of the courses are more theoretical and less 'understanding'. Therefore, the way of learning is just different. Furthermore, the teachers were decent and classes were clear and useful.

### counselling & support at receiving university abroad

There is an exchange office where you can go for all kinds of questions. Most of the questions, however, can be answered by the ESN board. The ESN board consists of students who organise everything and can help you with everything.

### transfer of credits

ECTS are not transferred yet.

## STUDENT LIFE

### welcome & orientation programme



<p>There was a introduction week full of activities to get to know the city, the university, clubs and most important: other exchange students. It was a fantastic week with parties, daytrips, tours etc. I would definitely recommend to participate.</p>
<p>accommodation</p>
<p>I found a place at <a href="http://www.uniplaces.com">www.uniplaces.com</a>. It took me just half an hour to find a place. However, I was quite on time (two months before departure). The house was clean and I lived with 6 other exchange students. It was without any troubles.</p>
<p>leisure &amp; culture</p>
<p>Of course, the culture in Rome is amazing. You can easily fill half a year with walking around this city. There is always something to do. Relaxing in a park, a lot of sightseeing, visiting a match of football or going out for some drinks. Also ESN organises a lot of parties where you can go.</p>
<p>suggestions/tips</p>
<p>Safe enough money before the exchange. Say yes to (almost) everything. Things like trips and parties are completely different than when you are at home and therefore, you have to enjoy the time you are there! 5 months sounds like a long period, but time flies..</p>

<p><b>CONCLUSIONS</b></p>
<p>would you recommend this university/destination abroad to others? please explain</p>
<p>I would definitely recommend this university and destination. Personally, I really love the Italian culture. In my opinion, the best place to experience this is Rome. Everything is nice: the food, the culture, the people, the weather and also just the ambiance in the city.</p>
<p>do you have any additional advice or comments?</p>
<p> </p>

**2017-2018**

<p><b>PREPARATION</b></p>
<p>exchange application process</p>
<p>I decided late that I wanted to do an exchange. This was no problem whatsoever and fortunately I could go to Rome and had a wonderful time there</p>
<p>counselling &amp; support at Utrecht University</p>
<p>Sometimes the receiving university was vague. University Utrecht was always there to answer my questions. They made it easy for me to get all the documents in order before I went to Rome.</p>
<p>academic preparation</p>
<p>The courses taught at University Utrecht are harder compared to the courses I took at LUISS. Therefore I did not struggle to keep up with the tempo and the material where other students of different countries did.</p>
<p>language preparation</p>
<p>My bachelors in english made it easy to follow the courses in Italy that were taught in English. In my opinion a English taught bachelor in the Netherlands is sufficient to obtain the necessary level of english.</p>
<p>finances</p>
<p>Duo + erasmus scholarship is not sufficient, save up some money. Or get a job while you are there. Maybe loan some of your parents/family.</p>



<b>STUDY ABROAD PERIOD</b>
study programme (content and organisational issues)
I took courses related to my bachelors. You can also choose to do unrelated courses, but for me it did not make sense since I know what I want to learn.
academic quality of education activities
Average, the courses taught at University Utrecht are more difficult. Also the attendance is not mandatory, which is nice if you can manage that.
counselling & support at receiving university abroad
Not that good. I had a hard time finding out who to contact whenever i had questions. It also took them a long time to get back in touch with me.
transfer of credits
I think the ECTS transfer directly, but I am not sure. The grading system is slightly different, you get a xx out of 30. Where 18/30 equals our 6. So divide it by 3 I guess

<b>STUDENT LIFE</b>
welcome & orientation programme
Really good to meet your fellow students, new friends. I recommend doing this even though it is not an obligation. Almost all the friends I made I met in the welcome week.
accommodation
Did it myself, was pretty easy to find a nice apartment. I never heard of someone who did it through LUISS. The rent is slightly higher than in Utrecht so keep that in mind.
leisure & culture
Enjoy the city and meet up with friends for trips. Also, Rome is like an open-air museum. There is plenty of stuff to see so you won't get bored easily.
suggestions/tips
Go with the flow, see what others do and just say YES to everything.

<b>CONCLUSIONS</b>
would you recommend this university/destination abroad to others? please explain
Yes, the city is really nice and University has a lot to offer. It is a little bit pricy, but you just have to accept that. Furthermore you can arrange a lot of trips trough the country, so it depends on your own effort how much fun you will have.
do you have any additional advice or comments?
not really, I believe students should figure out for themselves what to do while they are there.