



Università degli studi di Trento

2023 – 2024

PREPARATION
exchange application process
The application process is easy but you have to be patient because it requires a lot of waiting. Deadlines are not always clear so make sure you spend a little time writing down all your deadlines and requirements. Overall it is not a lot of work, don't get stressed if it takes a while!
counselling & support at Utrecht University
Fine, the office hours make it a little more difficult to reach the office but the email response was always quick and helpful.
academic preparation
Not necessary, if you are in your masters you will probably take bachelor courses so know that they might not get on your list with final results.
language preparation
The main languages at the University is English so you don't need to study Italian if you don't want to.
finances
As long as you are aware of the deadlines, it is easy to fill in the applications for grants!

STUDY ABROAD PERIOD
study programme (content and organisational issues)
The classes were mostly with other international students and not super hard - but still interesting! The teachers took it seriously and made sure the lessons were prepared. Unlike law at the UU, there are no seminars - it is mostly lectures (sometimes interactive). There are a lot more lectures at the university than I was used to, but I never had to study at home.
academic quality of education activities
Fine, definitely not too hard - but still interesting.
counselling & support at receiving university abroad
Very good, the international office helps a lot and responds quickly.
transfer of credits
I didn't need the credits so I don't know.

STUDENT LIFE
welcome & orientation programme
They organized a full week and it is easy to meet new people. Everyone is very open to hang out and be active - lots or groups go hiking, swimming or skiing.
accommodation



I stayed at a house from Phosphoro, one of the biggest agencies. You pay a little extra fee and the rooms are not the cheapest (similar prices as in Utrecht) but at least everything is taken care of and looks good. Things got fixed if there was a problem. I know some people got scammed so be careful, for me paying the extra money was definitely worth it. As to location, try to find a room that is in the center or around it, without being on the hill. The hills are very steep and not really possible to bike so it makes you rely on the night bus and that is not the best. Trento Nord is a great place to stay if you buy a bike!

leisure & culture

The city is cute and well connected with bigger cities (Verona, Bologna, Firenze, Milan, Rome and Napoli). Flixbuses are cheap to travel between cities but also the trains are good. You pay 50 euro for a regional traffic card and can take a lot of busses up the mountains, to the lakes or the wineries!

suggestions/tips

Get the traffic card and make sure you use it, there is so much to do outside!! Also, with the university it is very easy to join a sports team with Italians and that is a lot of fun!

CONCLUSIONS

would you recommend this university/destination abroad to others? please explain

Yes most definitively for those who like nature, being active and drinking Aperol Spritz. It is not the biggest party town but everyone is very happy to drink aperitivo (which is similar to borrelen). The locals are nice and will speak Italian to you if you want, but can all speak English as well. It is not a very touristy destination and that makes the interactions with locals a lot more genuine and fun.

do you have any additional advice or comments?

When in doubt, really go for it - I've had an amazing time!



PREPARATION

exchange application process

The application process did not take a long time, it was really straight forward. The only aspect to watch out for is all the steps you need to take if you go on Erasmus+ after you received all your credits on your Master's, e.g. you should enroll again, renew your details for the tuition fee, etc.

counselling & support at Utrecht University

Both my student advisor and the International Exchange Office responded quickly to my emails, and helped me a lot in the beginning to make sure all my documents were there.

academic preparation

Academic preparation was not necessary. I chose my courses based on my interests, and none of them required an entrance exam.

language preparation

I started learning Italian and getting familiar with the expressions on Duolingo as I knew I will enroll in an Italian class once I was in Trento. Looking back, I could have easily done the beginner's course at home over the summer and started on a higher level in Trento immediately, but the A1 course here is also really great.

finances

I did not arrange anything in particular, but my advice would be to work over the summer or use savings from other jobs as Erasmus can be quite expensive with all the experiences you will most likely pay for. Trento is also one of the most expensive Italian cities, so just doing groceries cost a lot. (While going out to eat/drink is cheaper here than in the Netherlands.)

STUDY ABROAD PERIOD

study programme (content and organisational issues)

I mostly studied Law in Trento, which the city is famous for in Italy. The educational offer included more courses in English than the final offer, which made it very difficult in the beginning to find classes that do not clash. All of my friends struggled with this, but eventually we all found a schedule more or less without clashes. It is also usually not compulsory to attend all lectures, or if you tell the professor you won't be able to attend some of them, they are completely fine with it.

academic quality of education activities

The legal education is very different from the one in the Netherlands, it is way more lexical and less analytical, so you will have to memorise quite some for the law exams. I also took courses from the international security studies programme, which were more challenging and more interactive, but definitely doable. I would recommend asking some Italians from the university before choosing your final courses because they always know which course known for being super hard, or which teacher is the best. A last issue with the quality of education here concerns the level of English spoken. Some teachers, especially in the law faculty, do not speak English too well, so learning a bit of Italian can also help you follow their thought process.

counselling & support at receiving university abroad

The counselling in Trento is really helpful. In my experience, they always respond within a couple of days and aim to help you out in any way they can. The general attitude of the university is very relaxed in the sense that they are not too worried, somehow everything will work out. For example, I thought I will miss a deadline so I notified them, and they proceeded to tell me the deadline is not set in stone, so I shouldn't worry...

transfer of credits



I am still in the process of transferring my credits, so I cannot say much about it. They use the same ECT system though, with most courses resulting in 6 credits, while the conclusion of some in 9 or even 12 credits.

STUDENT LIFE

welcome & orientation programme

The university only held one orientation programme for law students, but they explained pretty much everything in detail. It is definitely recommended to join that seminar! Other than the university, it was mostly the ESN Trento group that organised activities, especially in the beginning. It is very easy to find friends and have a social life in Trento if you join these activities early on.

accommodation

I personally did not have any issues with finding accommodation. I used the Phosphoro agency, who offered me an apartment with 7 other students (both Erasmus and Italian students). They were reliable, the place was as promised, and I really enjoyed living with both locals and other Erasmus students. From other people, I heard that it can take some time and difficulties to find a place for only one semester, so I recommend looking for a place at least from June (I concluded my contract then as well). The uni also has a college, where a lot of students reside (so there are always parties) but it is mostly reserved for international students.

leisure & culture

Trento is seen as a very small and calm city, but if you are on Erasmus here you will definitely have enough to do. The first months (September/October) you can explore the nature around Trento, hike on nearby mountains, go biking, and visit all the lakes in the area. The first months there were also multiple festivals taking place in the city centre, e.g. a cooking festival, a techno festival, as well as a festival of sports. Later on, if you are here for the winter semester, most students go skiing/snowboarding to nearby places (e.g. Paganella, Monte Bondone) so don't forget to bring your skis/snowboard. You can also always visit the cities closeby, for example Verona, Venice, Bolzano, or Bologna. ESN Trento organises many trips in the country, for example in our year there was a trip to Rome, Turin and to Milan.

suggestions/tips

You should definitely participate in as many Erasmus events in the beginning as possible. Becoming a member of ESN Trento is very much worth it for these activities and finding a group of friends.

If you would like to learn Italian, you should take the free language courses the CLA provides. You can take one intensive and one extensive course for free, and they are definitely worth the time. Also, if you wanna practice your Italian, consider moving in with locals and making friends on Trento-wide events, not only Erasmus ones.

CONCLUSIONS

would you recommend this university/destination abroad to others? please explain

I would definitely recommend Trento to everyone, especially for the ones who love to be outside and do sports. There are many cultural events in the city, and you can always visit cities, etc., but the best Trento has to offer is definitely the beautiful nature. Being surrounded by mountains, you have endless opportunities to enjoy life and do some sports you otherwise cannot really do, e.g. climbing, hiking or snowboarding everyday. The placement of the city is really great for all activities!

With regards to the university, I would recommend it but the level of education does not seem as high to me as the universities' in the Netherlands. On the other hand, this also means you won't have to study too much for good grades, and you can focus on building connections and exploring the region.



**Utrecht
University**

do you have any additional advice or comments?

Try to travel as much as possible, the whole region is beautiful and so different from the landscape/culture of the Netherlands!



PREPARATION

exchange application process

It took me a while to find out which steps I had to undertake but in the end it was not so much work.

counselling & support at Utrecht University

They help you very well with advise and questions if you contact them.

academic preparation

Nothing.

language preparation

I tried to learn a bit of Italian.

finances

I saved money before I went to Trento. That combined with the Erasmus grant was enough for me.

STUDY ABROAD PERIOD

study programme (content and organisational issues)

I took courses from the faculty CEILS: Comparative, European and International Legal Studies.

academic quality of education activities

Very high quality and good teachers.

counselling & support at receiving university abroad

The mobility office was very kind and they always helped you when you have a question.

transfer of credits

STUDENT LIFE

welcome & orientation programme

There was a welcome session and an orientation session in the beginning, which helped a lot. This was organised by the faculty so you can also already meet people there who study the same courses.

accommodation

I found my room through HousingAnywhere and in the end I rented from Domood. The house was very nice and very central but the price was a bit high (435 euros) for 9m2. But I am still glad I rented that place because it was right in the city centre and I have very nice flatmates.

leisure & culture

Trento is in the north of Italy and is surrounded by the Dolomites. This makes the city very beautiful. Also in the area there are a lot of beautiful lakes/hikes you can do. Furthermore, there are a lot of fun cities to visit 1 or 2 hours by train from Trento. I was there 5 months but I still feel like I haven't visited everything I wanted to visit, which is a good sign. The city itself is really small and also the night life is small but if you join ESN or if you make friends in Trento you can still have a great time there, also in the night.



suggestions/tips

I would advise you to join ESN and join their activities. They organise a lot of fun stuff. My highlight was skiing with them. Actually almost everyone joins them because it's the easiest way to meet other internationals and make a lot of friends.

CONCLUSIONS

would you recommend this university/destination abroad to others? please explain

I would definitely recommend Trento because it is a super chill and cute city with beautiful nature and a very nice location to explore more of North Italy.

do you have any additional advice or comments?



2021-2022

PREPARATION	
exchange application process	
	<p>The exchange application process was fairly straight forward. The application in OSIRIS covers most of the process and although a single time i might have had some issues with the program, there people from the exchange process ar wonderfull so they gladly help you with all the issues you might encounter.</p> <p>Most trouble was in regard to COVID-19 and not being able to travel at all. Besides this the exchange process was very straight-forward and convenient. Sometimes you have to contact people in Trento and the other time you would need to contact people in Utrecht. This however presents very little challenge</p>
counselling & support at Utrecht University	
	<p>Like mentioned before I can say nothing but that i'm very gratefull to the people from the Utrecht exchange office who have provided me with a lot of help.</p> <p>Also the Trento exchange office was great.</p>
academic preparation	
	<p>There was little academic preparation before leaving for Trento. Most courses would be thaught entirely from scratch. One thing i did do was taking a look at the courses and seeing which courses seemed most appropriate for my studies.</p>
language preparation	
	<p>I did start learning Italian by using Duolingo and took a course in Trento online before departure. This really helped since a big part of Italy does not speak English as well as you might hope.</p>
finances	
	<p>I had some saved up money and the finances I got from Erasmus contributed a great lot. Also expences in Trento are less than in Utrecht so this was very doable.</p>

STUDY ABROAD PERIOD	
study programme (content and organisational issues)	
	<p>I attended 4 courses + 2 language courses. The language courses were primarilly at the beginning of the period. I highly recommend following a language course in the beginning. It is fun, you get to know a lot of people and it helps you navigate italy later on. In regards to the main courses that i followed there were many differences. One big difference is whether the course is thought by an Italian or International professor. I mostly opted for additional courses which is why I also had a lot of International professors which I really enjoyed.</p>
academic quality of education activities	
	<p>Very good! Trento University is known as one of the best universities when it comes to law and specifically international law! The education is very different though. A lot more theory and a lot less practise.</p>
counselling & support at receiving university abroad	
	<p>Great! Most support was given to me from Utrecht but also here in Trento whenever I encountered any problem they were very helpful and I didn't have a lot of issues</p>
transfer of credits	
	<p>Has not happened yet since not all the results have been published yet.</p>



STUDENT LIFE

welcome & orientation programme

The welcome programme was very compact. We were told about some basics on the Italian University which was very helpful. There's not a lot to say about the orientation programme besides that it was useful and you get to know a lot of other international students from your own faculty which is very fun.

accommodation

Finding accommodation was hard! For the first 2 weeks I stayed at a hostel. No need to let this scare you, the thing is you should just know where to look. Most inconvenient is that landlords almost always ask you to stay for 6 months or a year and no shorter. Good websites to check out are Facebook and websites of private rental companies. I found my place through Facebook and it is a wonderful place to stay. I'd definitely recommend you look for accommodation in 'Le Albere' Trento, there is a lot of accommodation over there.

leisure & culture

The nightlife is very different in Trento than it is in the Netherlands. The city is very small so there are no real nightclubs. Two great bars are La Scalleta and Simposio. People mostly drink beers and talk with each other instead of dancing and singing. Very interesting since it is so different from what you might be used to.

Culture-wise Trento is limited and limitless at the same time. You can see most things in Trento in a single day or two (which is also why it is so great that you sort of get to know the city when you've lived there for half a year). However, Trento is great if you want to go hiking or visit lakes because Trentino (the province) has plenty of those. Also big cities such as Verona, Milan (and Bolzano) are nearby.

Culture-wise I think that the North of Italy is amazing to visit and stay for a while. There is a big distinction between North and South. North is still very different but South appears to (from what I heard) be a whole other world.

suggestions/tips

Learn some Italian, it will enrich your experience and help you navigate Italy. People are really nice and will generally happily help you improve your Italian.

CONCLUSIONS

would you recommend this university/destination abroad to others? please explain

YESSS 100% I can't imagine not having visited Trento. I had a wonderful time here and just the mere experience of an exchange is highly recommended as far as I am concerned. The University is very good and quite clear. I can't think of any regrets to having chosen Trento.

do you have any additional advice or comments?

In any case, if you are able to go on an exchange, do it. For me the experience to get out of your routine is great and it has proven to be a reset button. Moreover, on an exchange you don't only get a new perspective from the point of view of the country you're visiting, also all the internationals contribute in their own way. I can't think of a similar experience that can broaden your worldview in such a short amount of time.



2018-2019

PREPARATION
exchange application process
The application process was pretty straight-forward. The only disappointing aspect was that selection took place by chance, therefore your grades or motivation letter were not taken into account by the receiving university. Besides that, the steps were clearly laid out and everything went by without any problems.
counselling & support at Utrecht University
The International Office was always accessible for questions and responded quickly in every instant.
academic preparation
I did not prepare me in any irregular way in terms of academic efforts, I just checked which courses in English were offered and decided no further preparation was necessary.
language preparation
I used the Duolingo app to practice some vocabulary, but since the Language Center in Trento provided beginner courses that would start immediately, I did not do more than that.
finances
No special preparation, except for a summer job. Also, I made sure DUO would pay the compensation for public transport. I figured out a monthly budget and stucked to that.

STUDY ABROAD PERIOD
study programme (content and organisational issues)
I chose to do two language courses in Italian, two courses in the department of Sociology, concerning international politics, Islamic Law and a course that was an introduction to Italian Culture. The UNITN told us that they required students to take 60% of their courses within their own faculty, so I was worried that my choice would be an issue. Luckily, after discussing the subject with the spokesperson who is affiliated with the UU, it was no problem and I could continue doing these courses.
academic quality of education activities
The quality of all courses was high, and I heard from others that this University is considered one of the best in Italy, especially in the field of sociology and International Studies/Relations. The lecturers were clear, spoke good English and made complex topics accessible. Maybe the Italian Culture course had the lowest level, but the others were outstanding. The tests were nonetheless quite easy.
counselling & support at receiving university abroad
As mentioned, I was able to discuss my alternative choice of courses and the welcoming period was also very friendly and clear.
transfer of credits
No problems

STUDENT LIFE
welcome & orientation programme
The first week was reserved for welcoming activities, and I decided to do a couple of them; there was a trip to a nice castle and an introduction of the courses. Other events were a party and a sports day, but I did not attend



those. There were lots of opportunities to get to know other international students, so that was well-organized, especially for those not living in the international accomodation.

accommodation

Accomodation is provided for a limited amount of students, and that is in the town of San Bartolameo, 15 minutes by bus away from the Centre of Trento and my faculties. In August I learned that I would not get a place there, and I searched a lot online to find a private accomodation. In the end, I was happy to find the room I got, right in the center, close to the university and living with Italian students. So don't worry if there is no place in the student accomodation, in the end I even preferred this.

leisure & culture

Trento has a lot of opportunities and the Italian culture is even more vivid and present than I expected it would be. There are the mountains which are very close, the towns of Bolzano, Rovereto (with a great museum) and Verona within an hour by train. But also Bologna, Venezia and even München are reachable within a reasonable amount of time by train. The town itself is also beautiful, and in the months I was there, there were multiple festivals, for movies, sport or history. Also the Christmas Market is pretty famous. There are a lot of good restaurants and walking around town is a pleasure in an of itself.

suggestions/tips

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CONCLUSIONS

would you recommend this university/destination abroad to others? please explain

I would definitely recommend the University di Trento as a destination for an Erasmus Period. The University is good and well-organized, there is a lot to learn from the people here, and there is a lot to do in and close to Trento. You'll feel at home here and learn a lot, so if that is your goal, you should consider it!

do you have any additional advice or comments?

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2017-2018

PREPARATION
exchange application process
After I attended the seminar on studying abroad by Utrecht University I started to look into the different destinations within Italy. I chose Italy because I wanted to learn the language. I ended up choosing Trento as a destination because after reading other UU reports and more articles on the University I thought it would be the best choice within Italy. The University has a very high ranking both globally and nationally. Also, according to the student reports other Universities in Italy had a very limited amount of English courses.
counselling & support at Utrecht University
I spoke to the international office multiple times before attending Università degli studi di Trento. They helped me when I chose my courses and they also gave me advice on housing in Trento. Unfortunately, something went wrong when they enrolled me and another student so we had to hand in a lot of forms within a couple of days. That was quite stressful.
academic preparation
I did not have any specific academic preparation apart from writing the necessary motivation letter.
language preparation
I already had the required level of English before going (B2). I did not do any intensive Italian language courses before going abroad. I did practice a basic level of Italian through Duo Lingo.
finances
I did not arrange my public transport remuneration in before leaving, which was very inconvenient to do while already being abroad. Furthermore I used my student loan.

STUDY ABROAD PERIOD
study programme (content and organisational issues)
<p>At the University of Trento it is possible to change your courses for a very extended time. I could switch courses until the 31 of march, so until 2 months after my arrival in Trento. There are multiple English courses, beware of the 'partially in English' courses though. I followed the course 'gender studies' and it was supposed to be partially in English. It turned out that the first week was in English and the rest of the course in Italian. I contacted my professor and was able to get a separate exam. Most of the professors are very approachable, as well as the international office of Trento. It does have very limited opening hours.</p> <p>One of the Issues I struggled with was the fact that a lot of the courses overlap. Some of them have required attendance, which resulted in a lot of trouble during my exams. A lot of the courses do not have any books but solely rely on the information given by the professors during seminars. If you miss a lot of courses you will have to rely on your fellow classmates to give you their notes. Another issue was the fact that some of my courses did not have a syllabus and I would just show up with no idea in what was going to be discussed during the lecture. There were no books to read or assignments to make as preparation (upside: no coursework to do at home).</p>
academic quality of education activities
The courses were of a good academic standard. Università degli Studi di Trento has a lot of visiting professors from very prestigious Universities that gave interesting lectures and presented different perspectives on for example migration and gender.



counselling & support at receiving university abroad

As already stated, the international office is very helpful and approachable. Do not hesitate to ask them anything, because sometimes I wasted a lot of time figuring things out myself.

transfer of credits

The University also uses ECTS. Beware of the fact that for some courses they give out extra language credits to the Italian students for attending these courses in English, because we do not receive those credits at Utrecht University. Their grading system was from 1 to 30 instead of 1 to 10 but that did not result in any difficulties.

STUDENT LIFE

welcome & orientation programme

The University does not organise any introduction activities apart from one seminar. The Erasmus Network (ESN) on the other hand has a week long orientation programme where you meet all the other Erasmus students and see the faculties.

We did get another seminar from the Faculty of Law, but after 3 months of already studying there so I did not really see the point of that.

accommodation

What is really great about Trento is the fact that the University has a campus! Through Opera Universitaria you can get a single or double room. You will share a kitchen with around 15 others. The campus is great because you will be together with the other students and it has a lot of nice facilities such as a gym and Mensa where you can eat. They can also provide you with a bike (for free!). There were a lot of parties (they will get shut down if you make too much noise though) and other social activities as well.

leisure & culture

Trento is a very beautiful Italian city with a pretty Castle and a Duomo on a big square. Muse is the name of the museum of Trento, which is very popular and interesting to visit. Trento is also situated in a lot of beautiful nature! Mountains all around, countless lakes to swim and close to the Dolomites. It is also possible to visit lots of cities from Trento such as Verona, Milan, Venice, Bolzano, Turin and Bologna. The city also has multiple festivals in which for example students all climb a mountain and have a big party on top.

If you enjoy skiing, there are a lot of options to go skiing in the neighbourhood! You could even become a ski instructor on the weekends if you are any good.

suggestions/tips

Definitely register as an ESN member and try to participate in as many events as possible! They have a ski trip and 'Evento Nazionale' which is a four day festival with all the ESN offices of Italy. Those events were amazing.

Also, the University offers free language courses for Italian! The English of the average Italian is not good, I personally did not expect that. It is very useful to learn a basic level of Italian for everyday life.

As a final tip, choose your courses wisely. A lot of courses only have papers as a final examination and I personally prefer writing a paper than taking an oral exam. Also, if you choose wisely, you can be done with your courses early and for example use your spare time to travel the region.



CONCLUSIONS

would you recommend this university/destination abroad to others? please explain

I would recommend this University to everyone! The University is one of the best of Italy, the courses they provide are of a good quality. Also, they are able to get a lot of visiting professors which is rare in Italy. I for example had a professor from Vermont Law School and the University of Singapore.

Trento is a small city but beautiful and it will feel like home in a short amount of time. The area is very wealthy and there is very little criminality (in contrast to cities more in the south of Italy). It is also situated in a very nice mountain area which is ideal for biking, hiking and skiing.

do you have any additional advice or comments?

Do not overlook Trento because the city is fairly unknown, look at the facilities and University!



PREPARATION

exchange application process

It was clear for me how to apply for everything. Utrecht University made a schedule with all the deadlines. The only thing I want to mention is that the state of affairs almost always turns out to be different at the university abroad. I had a lot of uncertainties during my first weeks. Don't worry, just explain what there;s going on and they really want to help you with fixing everything.

counselling & support at Utrecht University

My compliments for the International office of Utrecht University, you can always call them or come to there office hours for questions and I guarantee they help you properly!

academic preparation

If you go abroad in your 3rd year of your bachelor you have enough academic preparation in my opinion. It's not necessary to add another kind of academic preparation before you go.

language preparation

I really wanted to learn Italian, despite the fact it wasn't necessary for my courses. Therefore, I left the Netherlands 6 weeks earlier to learn Italian in Florence at private school called Istituto Europeo. It was an amazing experience to live in a city like Florence for a while and a nice way to get an introduction of the italian language and culture. If you want more info about this language school you can contact me.

finances

Utrecht University makes you to prepare a finance scheme, therefore it was all clear for me how to finance the whole period. I would recommend you to get a job or make more hours, if you allready have a job, before you go in order to have some extra savings. I know for sure you'll need it (:

STUDY ABROAD PERIOD

study programme (content and organisational issues)

University of Trento has a good department of Law, a few weeks ago they are even announced as the best university of Italy. Of course, I had some struggles at the beginning of my study period. It was for example hard to choose courses without lectures at the same time. They have a good offer of english law courses and you can still switch them in the first weeks in order to have the content you want. Another example is what they call 'the academic quarter'. If a lecture starts at 9am, it actually means it starts at 9.15am, so don't leave the room if nobody is there at 9.05 and just get a cappuccino or something (like everybody else haha).

academic quality of education activities

University of Trento offers a lot of educational activities. Almost all my courses had guest lecturers from professors all over the world! It's hard to qualify the academic quality, I think it's just incomparable with the system in the Netherlands (with recorded lectures and working groups). In Trento are much more 'traditional' lectures where different professors tell about topics, there isn't something like a working group or much participation in class in my opinion. So, I think it's just a question of which kind of system you prefer.

counselling & support at receiving university abroad

International office in Trento is open every Monday and Wednesday from 10-12am, sometimes it's hard to get there because most of the time there are mandatory lectures at the same time. It's also almost always really busy but they are kind and really want to help you with every problem, even changing courses at the last moment! I have good experience with the people of the law department.

transfer of credits



Most of the courses are 6 credits, some of them are 9. You can also add Italian language courses for 3 credits. I don't have any experience with the transfer of credits yet because I'm still in the process.

STUDENT LIFE

welcome & orientation programme

There are a lot of welcome activities in the first week(s). Especially when you become a member of the Erasmus Student Network (ESN Trento, you can find them in the Economics building). They organise a welcome dinner for all the Erasmus students and other activities like a citytour. I also attended a lot of trips they organise like the Ski trip and 'Evento Nazionale' (a party weekend in a resort in Tuscany with Erasmus students of all the Italian cities. Besides that, they offer different discounts in restaurants and bars if you're a member.

accommodation

If you study in Trento it's a 'must' to live on the campus, San Bartolomeo, also known as 'Sanba'. You can rent a room there for €330 a month with your own bathroom (!). You share the kitchen with other international or Italian students. Most of the international students live there because you can meet a lot of people there and you have all the facilities you want. The only negative point about it is that it's not really in the city centre (25min walk), but they offer free bikes and there are good train/bus connections. To get home in the night is harder but you can always walk with other students or take a taxi.

leisure & culture

Trento is not that big but there's enough to do in your first period of living there. There are nice restaurants, bars, shops, markets and different festivals. You can also spend a lot of hours in the mountains, walking or by bike. The nightlife is not that big, actually only 2 clubs but there are a lot of students so it's always fun in my opinion. If you get a little bored after a while you can visit nice places in the neighbourhood. There are good bus/train connections with different beautiful lakes and cities like Lago di Levico, Lago di Caldonazzo, Lago di Iseo, Lago di Garda, Verona, Bolzano, Venice, Milan. You can also take FlixBuses to further places or even take flights within the country from Verona or Milan Bergamo.

suggestions/tips

Live at Sanba and become a member of ESN Trento!

CONCLUSIONS

would you recommend this university/destination abroad to others? please explain

I would definitely recommend this university if you want to have 'the real Italian' experience. Trento is not that big as Rome or Milan but therefore most of the people speak Italian and they are not used to many tourists. The university is located in beautiful buildings in the city centre. Besides that, the University of Trento has a big offer of English taught courses and guest lecturers from all over the world. They really want to offer a distinctive and useful content. It sounds weird but I also really had to study during my Erasmus experience, it's not easier than in the Netherlands in my opinion (like you hear a lot from Italian/Spanish experiences), but therefore I'm able to say I really learned something useful in Trento.

do you have any additional advice or comments?

I think Trento is the perfect combination between studying some useful courses for your Bachelor/Master and having a great time with a lot of opportunities! (Don't hesitate to contact me if you would like to have more info)/