

# Università degli Studi Roma Tre

2023-2024

PREPARATION
exchange application process
I went to the Study Abroad weeks where I received all the information on the starting process of the application. Then I looked through all the destinations, the courses, language requirements and costs on the UU website. Then I applied for Roma Tre and received an email in January that I was allocated for the exchange programme in Rome. After this, everything went very smoothly. I got information from Roma Tre and had to fill in and sign different documents and choose my courses. Because I was less familiar with the system of Roma Tre, this went a little bit slower. But everything from the UU was very clear.
counselling & support at Utrecht University
The Exchange Office always responded really quickly and helped where needed with signing the documents etc!
academic preparation
I only took Law courses, so there was no academic preparation needed.
language preparation
All the courses were given in English, so there was not a lot of language preparation needed. I started a bit of Duo Lingo to learn Italian in the summer before I left and Roma Tre also offered an Italian language course.
finances
I saved some money and estimated the income and expenses. Beforehand I knew Rome was going to be expensive, so keep this in mind!

STUDY ABROAD PERIOD
study programme (content and organisational issues)
Originally, I applied for the following four courses in Law: Roman Law, Corporations, Comparative Constitutional Law and Digital Democracy and Scientific Evidence and Civil Procedure. When I arrived, the latter was not being given in my semester, so I had to switch my courses. This was no problem, since my coordinator in Roma Tre recommended me following different courses in the first week to see what would be the best fit for me. In the end I chose Cooperations, Chinese Law, Roman Law and European Environmental Law. In the beginning it was very unclear to me where I could find my schedule. Through various Whatsapp groups with other Roma Tre students, we found out that you had to look it up yourself on the website. Once I discovered it, the time schedule was the same for every week. The lessons started in the beginning of October and lasted until the winter break. Then we had a few mid-terms, some were oral and some were written. I had never done an oral exam before, so it took a little while to get used to this but in the end it was very manageable!
academic quality of education activities
Studying at Roma Tre has been so different than what I was used to. It felt like I was back in high school, due to the long days and since we only had lectures. Almost every subject had two-three lectures per week, therefore it was a lot of processing of information. The academic quality really differed per subject and professor. I did not like that there were no seminars where you had to prepare and answer some questions, since you could not really practice the material.

counselling & support at receiving university abroad

On the website you could find the professor that got assigned to you as coördinator, based on your last name. My coördinator was also one of my professors, so when I had a question about any signing work etc I could immediately ask her or walk by her office.

transfer of credits

Approximately a month after my last exam they uploaded my transfer of credits to the student platform. However, they did not directly send it to my home university, so I had to request them to do this through the helpdesk!

## STUDENT LIFE

welcome & orientation programme

There was a welcome day one week before the start of the semester. On this day, they explained about how to use the student platform, deadlines for signing the learning agreement + study plan. I expected to get our schedule, but as said before we had to find this ourselves. The university itself did not organise any welcoming events, but ESN did. All the universities had their own ESN whatsapp groups and Instagrams.

accommodation

I found my accomodation via Uniplaces. It took me a while to find a place that had a manageable price and that was close to my university. I recommend searching as early as you can, because the longer you wait, the more expensive the rooms will get. Also, my deposit was twice my rent and I had to pay extra fees for Uniplaces as well as for the company that rented out the room. I lived with four other girls and only had a small kitchen as common area.

leisure & culture

There is so much to see and do in Rome, it is absolutely one of the most beautiful cities I have ever been to. I loved all the history, the sights you could visit, the food, people and weather. I went in the first semester, so untill the middle of October it was still 30 degrees outside! I had never been there before and was amazed by how big the city was. It took some time for me to get used to the public transport, since buses showed up late or not at all. But a 15 minute walk to the metro compensated this!

suggestions/tips

I recommend going to the ESN parties, it is a cliché, but still one of the easiest ways to meet other students. The day I arrived I just walked from my home to the Colosseum, this way you will also discover so many places! I went on an ESN trip to Puglia, this was one of the best weekends there!

My favourite places to watch the sunsets were: Parco Savello and Villa Borghese. I loved picking up a €4,50 freshly made pasta at Pastificio Guerra or a delicious sandwich from Il Panino Ingegnoso. My favourite restaurants were: Maccheroni, Trattoria dell'Omo, Marriuccia. I also loved the Blue Bar in San Lorenzo and San Calisto in Trastevere!

## CONCLUSIONS

would you recommend this university/destination abroad to others? please explain

Studying at Roma Tre was definitely a new experience in terms of what I was used to in Utrecht. But this is only a good thing, since you will expand your boundaries! Rome was like living in a monument and it started to feel like home really quickly. It has a lot to offer!

do you have any additional advice or comments?

I lived close to my university, but not really close to my other friends and the city centre. It always took me at least half an hour to get somewhere and the neighbourhood I lived in was not the prettiest one. So maybe take that into consideration as well!

## PREPARATION

### exchange application process

Roma Tre was my second choice so I didn't do any preparation in the application process for it.

### counselling & support at Utrecht University

I found the counselling from the UU very helpful especially with not reaching the deadlines. The University in Rome was very very slow with replying and sending the right documents so it was very nice that the UU was flexible and understood the situation. They also were very helpful with all the documents I needed to fill in for Rome, which were a lot of the time very vague. Especially the Internet Exchange Office responded very quick.

### academic preparation

I did not do any academic preparation, since I heard that the Italian level was way lower than UU which turned out to be true. My academic knowledge in year 3 of the bachelor was more than sufficient.

### language preparation

I followed Italian language courses level 1,2 and an Italian culture course as part of my minor. However, all courses in Rome are in English so it came more in use in my free time. I would recommend it if you always wanted to learn the language, but otherwise in Rome is a city where almost everybody speaks English to you (even if you try to speak Italian).

### finances

Before I went I saved some money, so I would have 200 per month 'extra' besides the Erasmus grant. I do recommend to do so if you want to live a carefree life here, as you are much more likely to get the urge to eat out with so many good food options. I often went out for dinner 1-2x a week, which is a lot cheaper here than in the Netherlands, for example, you pay a maximum of €1.50 for coffee and an average of €15 for a pasta. Groceries are very similar to the Netherlands, but the clubbing part is the most expensive. Besides entry to the club of 10-15€, you pay an average of 15€ per drink. Rent will also be a bit more expensive. So some extra money always comes in handy, but is not a necessity.

## STUDY ABROAD PERIOD

### study programme (content and organisational issues)

In advance, I had to announce which courses I wanted to take, but until mid-September this had not been announced at all by the university in Rome. They recommended looking at the previous year's courses and choosing from those. When I got here, it turned out that zero of these subjects were going to be taught. So I had to change everything in the first week, but this was fine because the first week here is for trying out subjects. So you could just go to a subject and register there on the spot if you liked it. They really don't bother with this kind of administrative stuff here, as long as just before your exams you register yourself in the subjects you put on your revised learning agreement. I'm not doing this exchange as part of my minor, so I didn't need to get 30 ECTS. Therefore, I took three courses at once with four extra credits for legal English (you get this as standard at this uni if you take one course in English). The average student follows 4 courses at the same time here (your semester is one period of lessons with at the end exams, instead two periods as in Utrecht).

### academic quality of education activities

I followed the following courses: European Environmental law, Anglo-American company law and Chinese law. The academic quality of the courses differed drastically. The first one was very good and I learned a lot, but the main reason for this was that it was given by an American teacher. The company law course was okay. The professor tried his best and his English was good but it was just a lot of listening. However, do not get me started on the Chinese law lectures. I never had such a low level of education ever before, but I really hope this was something unique and does not happen with more courses because it was really really bad.

Overall, the level of education is way more low than in Utrecht. The way the lectures are given differs also, since there is almost no interaction between the teacher and the students and you have to listen for hours straight. You also have more lectures than in Utrecht. Most of the exams are oral and a lot of my friends got for most of the subject a 9/10.

Overall, for me it was perfect. During the week I had somewhere to go and I had a great time with the other Erasmus students who followed the lectures, and the best part was that I almost never had to do study at home (no 'homework').

counselling & support at receiving university abroad

This was very Italian, but I was lucky I got an American professor as contact person. She helped me a lot. I had some friends who had a bit more trouble with contacting the university but at the end it always works out fine. You just really need to learn how to work the Helpdesk site, then everything will be fine.

transfer of credits

I'm still fixing this part and some things go very slow, but I don't think it will be much of a problem.

## STUDENT LIFE

welcome & orientation programme

The Erasmus Student Association organizes an introduction week, so if you follow the Instagram of ESN Roma Tre you will be updated about when this will take place. They also organize trips on which a lot of Erasmus people go and make friends. I did not go to any of this myself, since I had the luck that I already knew somebody who went a couple weeks before me and introduced me to his friend group, so I already found my place in Rome when the week started.

accommodation

I found my room close to the uni via [www.uniplaces.com](http://www.uniplaces.com) (only 15 min walk). I would definitely recommend finding a place somewhere close to a metrostation and if you go to Roma Tre metrostation B in particular. If you do this it does not really matter where in Rome you live, since the uni is then easy to reach. All my friends lived in the Bologna-neighbourhood which was much nicer and more students lived there, so maybe I would try to find something there if I would do it again. On the other hand, Ostiense really now has a special place in my heart and definitely had its perks as well!

leisure & culture

I don't think I need to tell you how beautiful Rome is. Every time I walked between the Forum Romanun, the Colosseum and the Vittorio Emanuele II-monument I got chills and felt very lucky to live in this amazing city. When you are here definitely go up on the monument once, since you have the best view over the city and by all big monuments/buildings you only pay 3€ if you are an EU citizen between the 18-25 years old! I found that a biking tour is a nice way to learn a little bit more about the history of the city, do this for example when friends/family are visiting because they like this as well! For clubbing I would recommend following all the ESN instragrams of all the Uni's, since they host the best parties for Erasmus students and you have a guarantee to get in, which can otherwise be a little tricky.

suggestions/tips

Day trip to Tivoli, go up the Vittorio Emanuele monument (best view of the city), visit the Vatican on Sunday (then you can see the Pope), study at study café's such as Café lettario near Piramide. Also try the cornetto con pistacchio, since it is the best. In the summer time go to the beach with the metro train to Ostio Lido!

## CONCLUSIONS

would you recommend this university/destination abroad to others? please explain

I would not recommend going to this university if you care a lot about learning complicated new things or studying at a beautiful campus. But when you want an exchange where you can learn a lot about yourself, go party a lot, go to the beach, live the Italian lifestyle, eat the best food ever, and study as minimal as possible then you should definitely go.

do you have any additional advice or comments?

I look back at my time in Rome as one of the best things I have ever experienced in my life. If you have the choice, I would 100% recommend.

## 2022-2023

<b>PREPARATION</b>	
exchange application process	
	The application process all occurred rather smoothly and I don't have any complaints about it. Personally, I find the 'study abroad' section of the UU website to be both very clear and extensive.
counselling & support at Utrecht University	
	The support from the International Exchange Office in particular was quite helpful. I had a phone call with one of the coordinators in advance of my departure to discuss some administrative questions, and this was very helpful.
academic preparation	
	To be fair, I didn't really (have to) academically prepare for my exchange semester.
language preparation	
	As many other students did, I downloaded DuoLingo and started learning some basic Italian. I also started watching some Italian movies with English/Dutch subtitles.
finances	
	Again referring to the UU website on staying abroad, the information about the Erasmus grant was all very clear, although I did start my application process somewhat late, which was of course my own fault. I then also received the first payment later than most of the fellow students at my destination (Rome). I therefore strongly recommend to start application processes like these as soon as possible. You will have to do them in any case, so there is no reason to postpone it, and you will only help yourself by doing so.

<b>STUDY ABROAD PERIOD</b>	
study programme (content and organisational issues)	
	The content and variety of the available courses were very good in my opinion. However organisation-wise, I would say there is some room for improvement. First of all, almost all exchange students had to switch courses in the first few weeks, because the schedule was only published after the first week, which resulted in overlapping agendas. For me, this was not a problem in the end, as I am very happy with the courses I ended up picking, but it was a bit chaotic to begin with.
academic quality of education activities	
	I am content with the academic quality of the education. My lectures were interesting and most of the times (not always) I was happy with the quality of the teachers, which is of course subjective. However, the way of teaching law is quite different in Italy than I know it to be in the Netherlands; whereas I had always learned to study the law and case law and then having to apply it to fictional cases on exams, the way of examining here was more repetitive so to say; one could say a bit more like exams in high school. Nevertheless the quality of the classes was still very decent.
counselling & support at receiving university abroad	
	As far as relevant for me, the support was fine. The Erasmus coordinator at my host university was very kind and always replied promptly.
transfer of credits	
	Smooth process, nothing to complain.

## STUDENT LIFE

### welcome & orientation programme

Unfortunately, I only arrived the Sunday before the normal class weeks started, and therefore I missed out on the orientation programme, that already happened earlier.

### accommodation

I was very happy with my accommodations. For the first month, I lived in an apartment somewhat less central but closer to the Uni, and the three months after, I lived very central (near Piazza della Repubblica), and a bit farther from campus, although it only took me 30 minutes in total to get there with the metro.

### leisure & culture

Food and coffee were amazing; it's Italy so no explanation needed there. As regards leisure: more than enough to do everyday, especially through the ESN organisations, which made sure you could go to parties every night if you wanted to.

### suggestions/tips

1. Start looking for accommodation as soon as you decide to study abroad. I started looking quite late and ended up paying way too much money. You will relieve yourself of a lot of stress when you have your housing situation fixed well in advance of your departure. Once in Rome, I even heard stories of students who didn't even have a room to stay in when they arrived and had to fix all that on the spot, which of course resulted in a lot of stress and chaos, even though in the end it all worked out for them.
2. Start all the application processes as soon as possible: you will only regret it if you postpone. Besides, the same goes for every step in the application process: you will have to do it one way or the other in any case, so the sooner you get it off your plate, the less it will feel like a burden on top of the other things in your agenda.
3. As regards starting up your social life in your destination city, I would definitely recommend attending the introductory weeks. During these weeks, there are lots of activities specifically designed for exchange students to meet each other and make friends at an early stage. Remember: almost everyone going on exchange doesn't know many other students yet, and many don't even know anyone. So just like you, everyone at these introduction events is looking to meet new people and have fun, which makes me strongly recommend going to these events.
4. I'm pretty sure that in all destination cities, there are active international student associations (in Rome, there were multiple; at least one per university). Everyone I met was a member of these associations, because they really have a lot to offer. Besides the earlier mentioned introduction weeks, these associations organise events of every thinkable nature throughout the entire year. From surfing weekends to football tournaments, wine tasting festivals and theme party's, these associations are really there to improve the quality of your semester(s) abroad. And a not unimportant detail is that at almost party they organize (these are mostly in well-visited clubs/bars), you will receive discounts on drinks and entry fees, while the membership of the association itself usually only costs around 10 euros, so you'll get more than your worth out of it.

## CONCLUSIONS

### would you recommend this university/destination abroad to others? please explain

Yes, very much. If you like Italy, you will love Rome. Also, this particular University is a very good one and a perfect place to meet nice people. For my other recommendations, please see above.

### do you have any additional advice or comments?

N/A

## PREPARATION

### exchange application process

The exchange process was not so difficult. Just read everything really well and the application speaks for itself. However, the helpdesk at Roma Tre was quite unclear and more difficult.

### counselling & support at Utrecht University

In my opinion the counselling and support at Utrecht University was good. In the beginning, I had some problems with my guest university as they did not reply to my e-mails, but the UU helped me out.

### academic preparation

I did not prepare anything in particular.

### language preparation

I did not prepare anything in particular. However not everyone speaks English in Rome, you will be fine without knowledge of the Italian language.

### finances

I spent my whole summer working so I could save up some money. However, this was not too much. Furthermore, I had a full student loan at DUO and my parents were able to help me out. I also received the public transport compensation from DUO and the Erasmus grant.

## STUDY ABROAD PERIOD

### study programme (content and organisational issues)

There are several English taught courses you can choose from. However, it is only known what courses are offered a few weeks before the first day classes. Because I had chosen different courses prior, I had to change my course. Also, a lot of courses are taught at the same time, so it took some time to create a schedule with all courses at different times.

### academic quality of education activities

The education system is very different. Everything was very theoretical and this took some getting used to. Also, most of the exams are oral. I would say the academic quality of education activities is lower than in the Netherlands and your attendance and behaviour during the classes is important for your final grade.

### counselling & support at receiving university abroad

Roma Tre University has several Erasmus coordinators but I did not have any contact with them apart from asking them to sign some documents. The response time to your e-mail is different all the time. Sometimes it takes just 15 minutes but I have also had to wait for over a week.

### transfer of credits

I have not done this yet, so I have no information about that.

## STUDENT LIFE

### welcome & orientation programme

Nothing from the university itself. The ESN-section from the Roma Tre university also did not really organise something really big, but ESN-sections from different universities in Rome did organise a lot (you are also able to attend those).

accommodation

I started looking for accommodation around May via Spot a Home and payed around €500,-. If you start looking for a room in time, it's not really difficult. Be aware of people trying to scam you via e.g. Facebook.

leisure & culture

Rome is a really big, beautiful city. There is always something to do. You can visit a lot of museums, but also ESN organises a lot of trips/parties etc. where you can also meet a lot of people.

suggestions/tips

Be aware that Italy is very unorganised and chaotic! And keep in mind that Rome is a really big city - it would take up to 1h to visit my friends who lived near the centre when I lived near the university (south). I suggest searching for a room close to a metro station. Also, living in the centre is really nice but as the city is so touristic it is also nice to get to know some other parts of Rome and escape the rush by living somewhere else. Roma Tre is located in Ostiense and near metro B.

## CONCLUSIONS

would you recommend this university/destination abroad to others? please explain

Yes!! I have grown so much as a person and it is truly a experience I will never forget. The University might be a little bit unclear sometimes, but that is just the way things are in Italy. Don't worry about it too much and enjoy every day!

do you have any additional advice or comments?

If you have any question about studying abroad in general or about Roma Tre in particular, feel free to contact me. The UU exchange office can provide you with my email adres.

## 2021-2022

<b>PREPARATION</b>
exchange application process
The application process at Utrecht University was easy and the website was very accessible. From the nomination to filling in the required documents and uploading them was clearly explained. However, Roma Tre's helpdesk is not as clear and structured. It takes a little while to send a 'ticket' through the helpdesk and to get a proper response. One should take this into account when applying for an exchange at Roma Tre. Moreover, Roma Tre uses different websites and online platforms for students regarding applying for their courses and the application for an exchange. It is necessary to check all these websites before completing your application, in order to not miss out on any important information. Nonetheless, the erasmus coordinators at Roma Tre respond quickly to emails and are very helpful in general, so one can always ask them for advice and information.
counselling & support at Utrecht University
The International Exchange Office of the REBO faculty was very helpful in the application process. Whenever I would encounter a problem during this process, they always took this very seriously and tried their best to help me out.
academic preparation
After three years of studying at Utrecht University, I had the adequate level of knowledge to follow the courses at Roma Tre.
language preparation
My English was sufficient, and since I only chose courses in English, this was no boundary for me.
finances
The application for the Erasmus Grant was very clear and there were some spreadsheets and documents available at the website of UU to prepare and have an overview of your finances.

<b>STUDY ABROAD PERIOD</b>
study programme (content and organisational issues)
<p>Global Legal Studies (study program), courses: International Human Rights Law, Introduction to Comparative Legal Systems and International Arbitration. International Human Rights Law focused on very actual topics and a broad spectrum of human rights in the international community. A lot of lectures were organized by guest speakers, who had or have important roles regarding international human rights and their protection. Introduction to Comparative Legal Systems was a course that mainly focused on countries from the western world and their juridical and political organization regarding several topics. The professor that taught this course, wrote a very informing book about these topics and had a lot of knowledge about the topics discussed during this course. International Arbitration was the hardest (although a very doable) course that I followed, but it offered an outstanding overview regarding the entire process of international arbitration. This course was taught by a professor who also works in one of the most famous arbitration institutions in the world, which makes her a perfect fit for teaching the students about IA.</p> <p>All courses consist of three lectures per week, each lecture takes about 2 hours. Due to several COVID-restrictions, some courses were held online, some in hybrid-mode and some entirely in physical presence. This caused some confusion among students, but this issue will probably not exist during next semester anymore.</p>
academic quality of education activities
The courses require more attendance than at Utrecht University, however, the level of the courses is slightly lower than at UU. In the end you will spend equally or slightly less time preparing and studying for the lectures and exams than at UU.

counselling & support at receiving university abroad

Whenever a problem would appear, there are a lot of possibilities to have it resolved. However, it might take a little while before you have found the right person to resolve your problem.

transfer of credits

At the time of uploading this document, I have not yet received my transcript of records.

## STUDENT LIFE

welcome & orientation programme

At the beginning of the semester, there are several presentations and Q&A's for incoming Erasmus students to guide you through your first acquaintances with Roma Tre. The instructions are quite clear. Next to that, they recommend you to join ESN (Erasmus Student Network), which really helps you to meet a lot of exchange students in a short amount of time. They organize several parties, meet-ups, trips, etc. and it contributes to helping you build your social life in Rome.

accommodation

I got to my apartment through Spotahome and ErasmusU. It was a shared apartment, with three other exchange students. There are many website available that offer accomodations, however, always make sure that it is a valid website to avoid being gaslighted. This unfortunately happens from time to time in Rome. My advice would be to try to find websites that are connected to Roma Tre or ESN.

leisure & culture

Rome offers plenty of possibilities to explore. The city has an enormous amount of cultural heritage, museums, artworks, architectural sights and many more interesting places worth visting. Moreover, the cities around Rome are definitely worth traveling to. A lot of cities are reachable using public transport. The Italian culture is in many aspects different than the Dutch culture, I really recommend reading travel blogs and tips from travel agencies about these differences. It is for example very useful to know that several stores in Italy don't accepts cards and only take cash. Another example would be the difference for tipping in restaurants. Make sure to read about cultural differences before visiting Rome.

suggestions/tips

Try to adapt to Italian lifestyle as much as possible (in this case the saying of 'do as the Romans do' really applies! They really know best!). Try to keep to their timetables for eating lunch and dinner and if Romans go for a siesta, I would recommend you'd do the same, since it will probably be very hot during that moment of the day. Read some travel blogs for more advices regarding Italian lifestyle and tips for tourists.

## CONCLUSIONS

would you recommend this university/destination abroad to others? please explain

I would definitely recommend this university and this destination. Rome is a wonderful city that never bores. There is always something to explore, a place to go to and the night life in Rome offers plenty of possibilities for students. Moreover, the university offers a lot of interesting and relevant courses (at least at the Law department) for exchange students coming from Utrecht University. The lectures and exams are very doable and there is plenty of time next to studying for discovering the city. However, they do require that you prepare for your lectures and pay attention during class.

do you have any additional advice or comments?

Start your application on time to avoid unnecessary issues; your Erasmus coordinator at Roma Tre is very helpful and approachable, do not hesitate to email them in case of unclarities; join ESN.

## PREPARATION

### exchange application process

For me the application process went fairly smoothly. I only had one issue where I had to reupload something in Osiris within 24 hours and I was supposed to get an email on this but I never received the email and therefore I suddenly got an email that I was excluded from the process. This was a little stressful but thankfully I got a quick response from the international exchange office and everything worked out in the end. But I would advise you to check your osiris and email everyday after the applications.

### counselling & support at Utrecht University

The counselling and support at UU from the international exchange office was very good and helpful in my opinion. I always got quick responses and they have helped me really well with some issues I encountered.

### academic preparation

For academic preparation I did not do much besides just finishing my bachelor and thesis at UU but this was not particularly for the reason that I was going to study abroad.

### language preparation

For language preparation I took the course Italian 1 at UU. I had studied a bit of Italian before as well but this class was really useful to refreshen my memory and learn some more grammar and vocabulary. If you have time in your studyplan I really recommend taking this course because it is very good and it is nice to know some italian before moving to Italy! As well as that I did some duolingo and watched some netflix series in Italian.

### finances

I saved some money the years before by working and ofcourse not spending as much during COVID. Therefore I had saved enough to finance my erasmus. Also my room in Rome was smaller than the one i booked before but also much cheaper than I expected. With my savings, the financial grant and student loans I had no issues with finances but expect to spend more money than you are maybe used to back home due to trips, going out and eating at restaurants more often!

## STUDY ABROAD PERIOD

### study programme (content and organisational issues)

For me personally the study programme was well organized and clear. There are a few english courses that you can choose from for your erasmus programme and these are clear on the site. Things got a bit more confusing the week before when you got the option to also do other courses. Then I also found out that most of my courses would be online instead of in presence and therefore I switched one of my online courses to a non-online course. This went really smooth by just emailing the professors and changing my learning agreement. It is very common that people switch courses the first weeks so you can also attend some courses and then change them.

### academic quality of education activities

The academic quality of the education activities is in my opinion lower than in Utrecht and it is very different than what I am used to. Education activities focus more on lectures than on seminars. They do not really expect interaction from the students. It depends on the course you take ofcourse. Also in my opinion the final exams were much easier than the exams at UU. You might get an oral exam which I was also really not used to. I did really enjoy the freedom you received when you had to write an essay for a course.

### counselling & support at receiving university abroad

Personally I was not very content with the counselling & support from Roma Tre because they work with a website called the helpdesk where you have to open a ticket each time you have a question or need something. You receive the answer in your email but you can not answer directly again to ask a second question but have

to open another ticket and due to this you can not have a flowing conversation with one person. Due to this I had a lot of trouble with receiving my proof of arrival because they wanted a flight ticket but I came by car and could not give this. I would advise you to directly email your erasmus coordinator or someone else from the international exchange office. My erasmus coordinator was very helpful.

transfer of credits

I still need my credits to be transferred.

## STUDENT LIFE

welcome & orientation programme

The ESN organization from Roma Tre organized a very fun welcome week with lots of different activities. There was aperitivo, city tours and a welcome party. They also organized some daytrips the first weeks. I went to almost every activity in the first week and met a lot of nice people and made new friends. I would advise you to be as active as you can in the first weeks!

accommodation

First my accomodation process went really smooth and easier than Utrecht. There are lots of accomodations for international students on websites but I would advise to search something a few months before arriving. I booked a house at the website spotahome that looked really good. Eventually before arriving to Italy I had some issues with my landlord because there were double bookings. When I arrived I got a smaller room than I booked but I was really happy that I had a nice room and a nice house. I had some more issues with my landlord and spotahome as well because this room I was now in was not on their website. Long story short; spotahome is a trustworthy website and you will not be scammed but there can always be issues with double bookings because of the landlord.

leisure & culture

Rome is the most beautiful city of the world and there is so much to do and see! There are so many beautiful museums and monuments that even six months is not enough to see everything. If you like history and culture this is the perfect city for your erasmus. Even just walking around Rome is like walking in a museum and it is just so beautiful! Rome is also a very lively city and there are so many parties, concerts and other cultural events. Almost every day of the week me and my friends went to a party or for aperitivo or dinner together. In the summer months there is an outdoor cinema almost every day in three locations. I also went to two concerts in Rome which was amazing and I took a cooking class. If you like nature there are hiking places around Rome and very beautiful lakes to swim in and the beach is very nearby.

suggestions/tips

I have so many tips but I would mostly recommend to go to as many ESN events as possible, especially in the beginning and make many new friends. There are so many nice things to do and see in Rome but in the end the people around you make your experience!

## CONCLUSIONS

would you recommend this university/destination abroad to others? please explain

I highly recommend this destination! In the end I think which university in Rome you choose does not really matter but I really liked the location of Roma Tre because the south of Rome is very beautiful and authentic. Personally I chose my erasmus destination knowing that the academic level would be lower so I had no issue with this. If you want to have a wonderful time, love culture and have the best erasmus experience than I think Rome is the perfect destination!

do you have any additional advice or comments?

Enjoy and have fun because it will be over before you know it!