Welcome!
Q&A Pre-departure meeting

International Exchange Office
Faculty of Law, Economics and Governance
Program Q&A Pre-departure meeting

- **Study advisor USE - Janneke Nolles**
  - Information
  - Q&A

- **Exchange guide - Vera Noot**
  - highlights
  - Q&A
Paula Banning
Team leader/Exchange Coordinator
Non-Europe

Vera Noot
Exchange Coordinator
Europe

Floris Bouwman
Support Officer

**Signing documents** (OV+ / Erasmus): [ieo.leg@uu.nl](mailto:ieo.leg@uu.nl)

Telephone hours
Monday, Tuesday and Thursday 1.30PM – 3:00PM Phone: 030-253 7289

Walk-in hour
Monday 3:00 - PM 4:30 PM
Asia & Latin America
Name: Ms. Clim Gorissen
E-mail: region1@uu.nl

North America & UK
Name: Ms. Cathelijne van Weelden
E-mail: region2@uu.nl

Australia, New Zealand, South Africa & Spain*
Name: Ms. Tessel Arendsen
E-mail: region3@uu.nl

*Universidad Complutense de Madrid only

Europe & Middle East
Name: Ms. Mandy van den Houten
E-mail: region4@uu.nl
Study advisor: Janneke Nolles
Decision Utrecht University:
All exchange programmes - set to take place in 2022-2023 - may continue under the condition that the Dutch Ministry of Foreign Affairs permits travelling abroad.

- Travel advice/color codes (in Dutch)
- Traveling abroad information (in English)
Exchange Guide USE
Housing

- Arrange in time!
- Host university will provide you with advice
- Check exchange reports on UU website

- Housing Anywhere [https://housinganywhere.com/](https://housinganywhere.com/)
  - Free registration
  - ‘Student-to-student’ concept
  - Safe
  - Supported by UU

Facebook groups → but be careful of scams!
Craigslist (US) [https://www.craigslist.org/about/sites](https://www.craigslist.org/about/sites)
Checklist during your stay

- Have your UU email forwarded to your personal email address
- Course registration @UU next semester → deadline!
- Register in time for your Master Degree → deadline!
- Register your stay abroad at the Dutch embassy (and of your home country?)
Culture Shock W-curve

More information on: UU website
Recommendations

- Full year students: if you’ll stay abroad **for longer than 8 months**, the law requires you to deregister from the Netherlands (if you don’t and they find out: fine of around € 325,-). Might be better to stay registered.

- Phone numbers are used as verification tool – inform companies that you’re abroad / using a different number, or bring a back-up phone to use a local phone number
  For example: Studielink, digiD, bank codes, etc.

- Check IT information security website of UU: [https://students.uu.nl/en/practical-information/it-facilities/it-safety](https://students.uu.nl/en/practical-information/it-facilities/it-safety)

- **Emergency contact information!!** Register this information in Osiris before you leave!
Would you like to be in contact with your fellow students or ex-exchange students.
Please send us an e-mail ieo.leg@uu.nl with an introduction and your request.
Good luck with your application!