



# *Pre-departure meeting Faculty of Geosciences*

**Evi Rietbroek & Yasmin Mulhuijzen**

International Officer



## Corona

If travel advice is Orange or Red, you may not go. The Dean of the Faculty of Geosciences has the authority to make an exception.

You can ask for approval online:

Please keep an eye on the UU website:

<https://www.uu.nl/informatie-coronavirus/coronoavirus-internationaal-reizen>



<https://www.wilweg.nl/praktische-zaken/brexit>

# Programme

- International Office
- Course Intercultural Learning
- Before departure
- During your stay abroad
- After your return
- Culture shock
- EGEA





# International Office

- [International.geo@uu.nl](mailto:International.geo@uu.nl)
- Evi Rietbroek & Yasmin Mulhuijzen



# International Office GEO

- International Office is closed on Fridays
- Appointment:  
[international.geo@uu.nl](mailto:international.geo@uu.nl)
- By phone every Thursday from 10.00-12.00 hours  
Number: 030 253 9559



# Steps

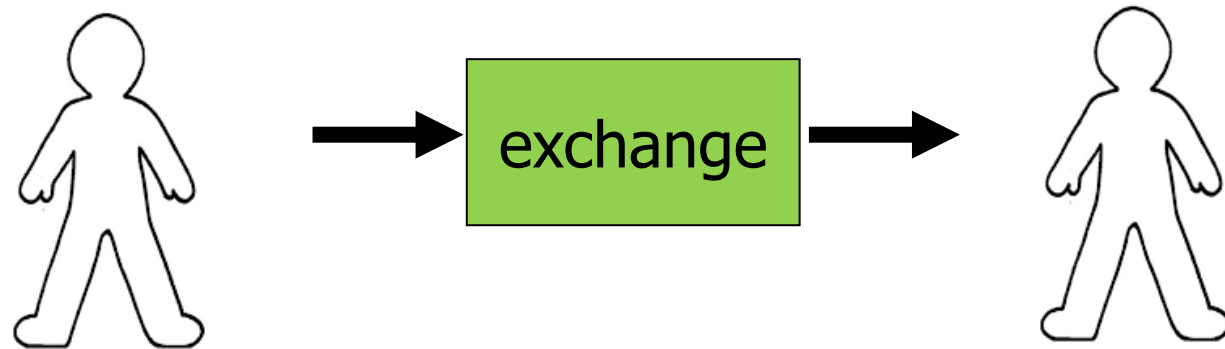
What	Who	When
Application Osiris	Student	Before December 1 <sup>st</sup> or March 1st
Application assessment	IO-GEO	<b>After December 1<sup>st</sup> or March 1st</b>
Informing about selection	IO-GEO	Half January / half March
Nomination host university	IO-GEO	Now (deadline differs per university)
Application host university abroad	Student	Now..... (deadline differs per university)
Remaining places	IO-GEO	February till mid May



# Steps

What	Who	When
Application Osiris	Student	Before December 1 <sup>st</sup>
Application assessment	IO-GEO	After December 1 <sup>st</sup>
Informing about selection	IO-GEO	End februari
Nomination host university	IO-GEO	Now (deadline differs per university)
Application host university abroad	Student	Now..... (deadline differs per university)
Remaining places	IO-GEO	February till mid May

# Benefit more from your exchange?





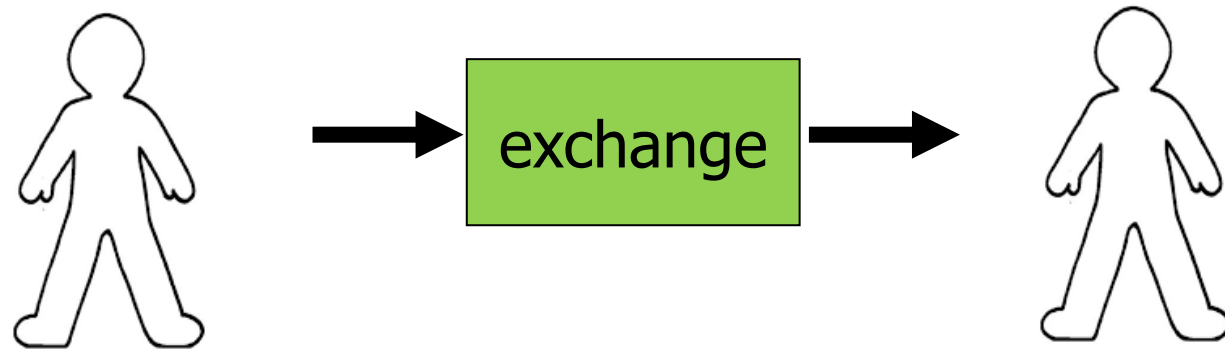
# Intercultural competencies and employability skills?

- **Human relations:** interpersonal skills, motivating, **intercultural sensitivity**
- **Creative thinking:** anticipating problems, creating images, improvising
- **Communication:** speaking, writing, negotiating, persuading, **reflecting**
- **Organization, Management:** initiating, coordinating, setting priorities, leading
- **Research & Planning:** goal setting, gathering information, critical thinking, problem solving

# Know yourself



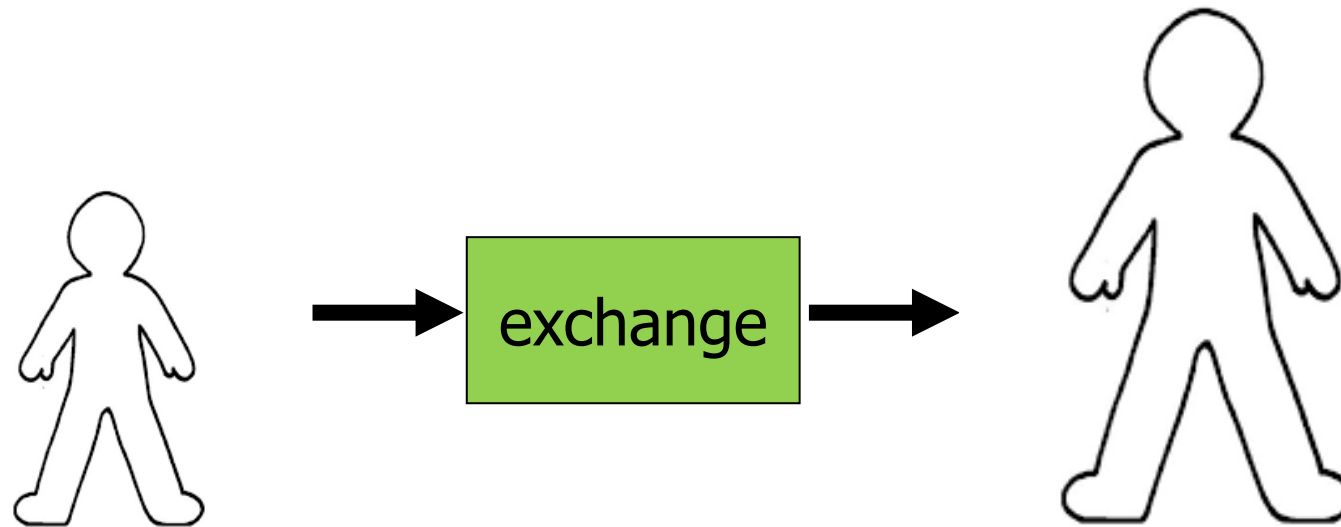
# Benefit more from your exchange?





**Benefit more from your exchange?**

**Take the UU Course “Intercultural Learning”**



I just wanted to send a quick thank you message for the wonderful course of Intercultureel Leren! It really enhanced my exchange experience and gave me a way to present my experiences in a valuable way to the rest of the world! It's hard to describe all the amazing and strange experiences and thoughts I took home with me but by being 'forced' to take time for critical reflection I have found ways to phrase this to others. Before starting, I expected it to be a little 'geitenwollensokken' but was very happy to find out this course was very down-to-earth and has been immensely useful for me- I have incorporated many teachings and self-reflection aspects in my applications for Master's admissions already.

I enjoyed that this course credits some ECTS but I can confidently say I have learnt many more useful things in this course than other heavier modules, things I will apply in other areas of life and can continue to develop! As someone who is very broadly interested I have a hard time figuring out what I want and look for in life, but this course helped me form experiences abroad that I greatly enjoyed into tangible goals and aspirations for future me.



## UU Course “Intercultural Learning” (2,5 EC)

### *From exchange experiences to employability skills*

*"Reflection: on what and why you want to do something. On how to change yourself if when you want to – or when you notice".*

*".. I like to have been forced to think deeper about my exchange and the period beyond the 'honeymoon' phase...".*



*"This [2<sup>nd</sup>] meeting, compared to the first, was about me as a person and how I can and want to change this – something I want to become aware of and from which I will always benefit from now on...".*

## **TL1V18003** **course “Intercultural Learning”**

Training course offered to all bachelor exchange students

- Renders 2,5 ECTS
- UU wide: large and varied group, different faculties
- Focus on intercultural competences and employability
- 2 pre-departure meetings, 2 back home meetings, assignments during stay abroad
- You will be invited to this course in May 2022 / November 2022

## Before departure

- Application at the guest university
- Choosing courses
- Course approval
- Finances
- Insurance



# Application partner university

- After nomination you receive application information
- Deadlines and procedures differ
- Housing





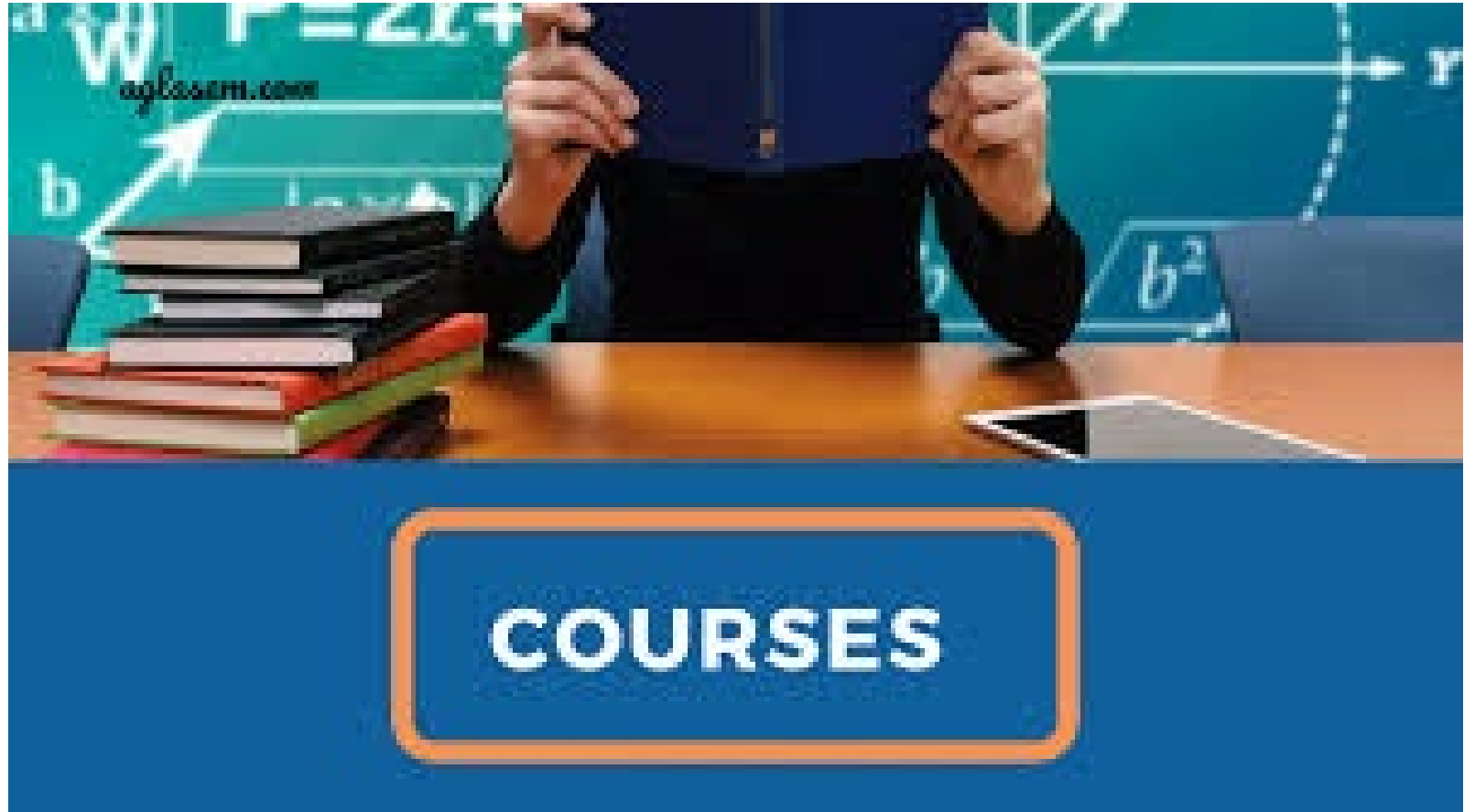
# Documents at IO

- Transcript of Records
  - Language proficiency
  - Visa statements
- 
- Keep copies of all your documents



# Courses

- Curriculum 2021
- Back-up plan
- No overlap
- Approval of the courses before and afterwards by the board of examiners
- Pay attention to EC and entry requirements



## Course approval

- For all courses abroad you need permission from the board of examiners
- Ask for approval through Osiris Zaak/Cases  
Look at the page of your programme-> study abroad-> course approval
- Before June 1<sup>st</sup> if you go abroad S1
- Postponement of graduation

# Finances

- Erasmus Grant
- If applicable, reimbursement of the OV chipkaart
- Other way of financing



# Erasmus Grant

- All information on website UU Erasmus
- Info Erasmus Grant 2022-23 will be sent to your student mail from mid/end July onwards
- Signed by host university and IO-GEO before departure
- Pay attention to deadlines!




Erasmus+

# Public transport reimbursement

- Through website DUO
- At least 8 weeks before you leave
- Has to be signed by IO-GEO
- Stop card when leaving

[Particulier](#) [Zakelijk](#) [Onderwijsdata](#) [Inburgeren](#)



Dienst Uitvoering Onderwijs  
Ministerie van Onderwijs, Cultuur en  
Wetenschap

[Particulier](#) > [Ov](#) [Zoek](#) [Log in](#)

[← Naar Ov](#)

## Ov-vergoeding buitenland

In het buitenland hebt u niets aan uw studentenreisproduct. U kunt dan een ov-vergoeding krijgen in plaats van het reisproduct. De ov-vergoeding is € 99,58 per maand in 2021.

▼ [Hoelang recht op ov-vergoeding?](#)

### Volledige opleiding in het buitenland

Gaat u een [volledige opleiding in het buitenland](#) doen? Dan regelt u de ov-vergoeding meteen met uw aanvraag voor studiefinanciering. U hoeft geen bewijsstukken mee te sturen.

### Tijdelijk naar het buitenland


Gaat u tijdelijk naar het buitenland, bijvoorbeeld voor stage? Dan moet u de ov-vergoeding apart aanvragen. Er zijn 2 voorwaarden:

- U blijft als voltijdstudent ingeschreven staan bij uw Nederlandse opleiding.
- Uw buitenlandse stage of studie is een verplicht onderdeel van uw Nederlandse opleiding.




# Other ways of financing

[www.beursopener.nl](http://www.beursopener.nl)  
[www.kfheinfonds.nl](http://www.kfheinfonds.nl)  
[Nuffic](#)  
[Duitslanddesk](#)  
[Holland Scholarship](#)  
[Travel Green Grant](#)



WilWeg – voor jouw studie, stage of tussenjaar in het buitenland

Zoeken 

[Home](#) [Oriëntatie](#) [Financiën](#) [Praktische zaken](#) [Studie](#) [Stage](#) [Tussenjaar](#) [Weer thuis](#)

Home > Vind een beurs

## Vind een beurs

voor jouw studie, stage of tussenjaar in het buitenland

Zoek

### 131 beurzen

(van 131)

< Gebruik de filters aan de linkerkant

Sorteren op: **Relevantie** ▼

#### Cultureel Verdragbeurs Japan: Studie- en onderzoeksbeurs voor research students

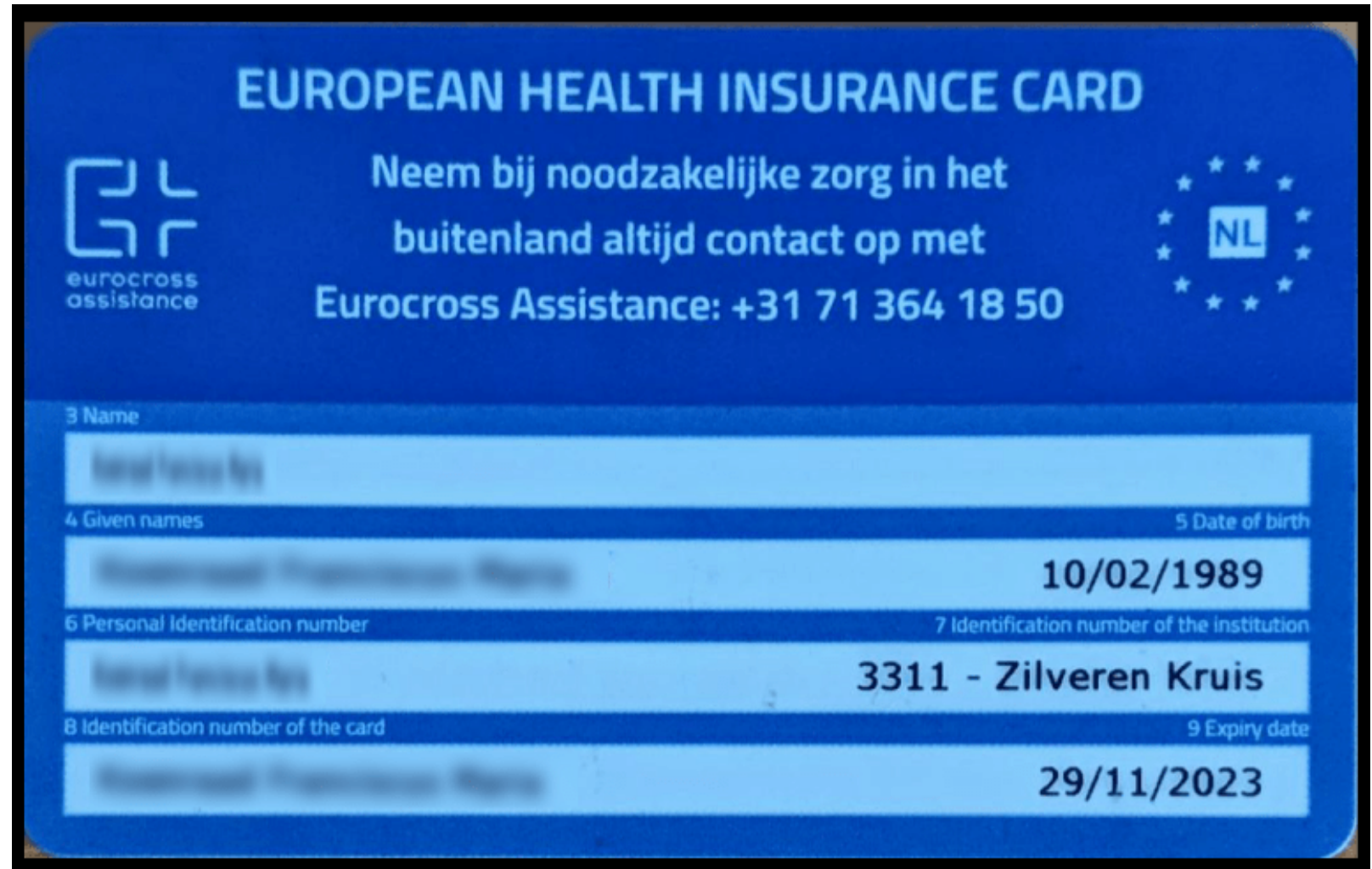
Voor studie of onderzoek in Japan.

#### Wat wil je doen?

<input type="checkbox"/> Bachelor	49
<input type="checkbox"/> Master	79
<input type="checkbox"/> Uitwisseling of minor	15
<input type="checkbox"/> Stage	36
<input type="checkbox"/> Tussenjaar	5

# Insurance

- Contact Health Insurance
- See [Verzekeringen | WilWeg](#)
- EU country - EHIC card (health insurance or [more information](#))
- Travel insurance
- Liability and Legal aid
- [Buitenland - Jouw situatie - Zorgverzekeringslijn](#)
- Additional Insurance? Check out: [www.aonstudentinsurance.com](http://www.aonstudentinsurance.com)



## Remaining issues

- DUO: Change house address/postal address
- Do not deregister from the municipal!
- Subletting your room: check with your landlord/municipality
- [www.HousingAnywhere.com](http://www.HousingAnywhere.com)
- Register your address abroad in Osiris
- Credit card



# Visa

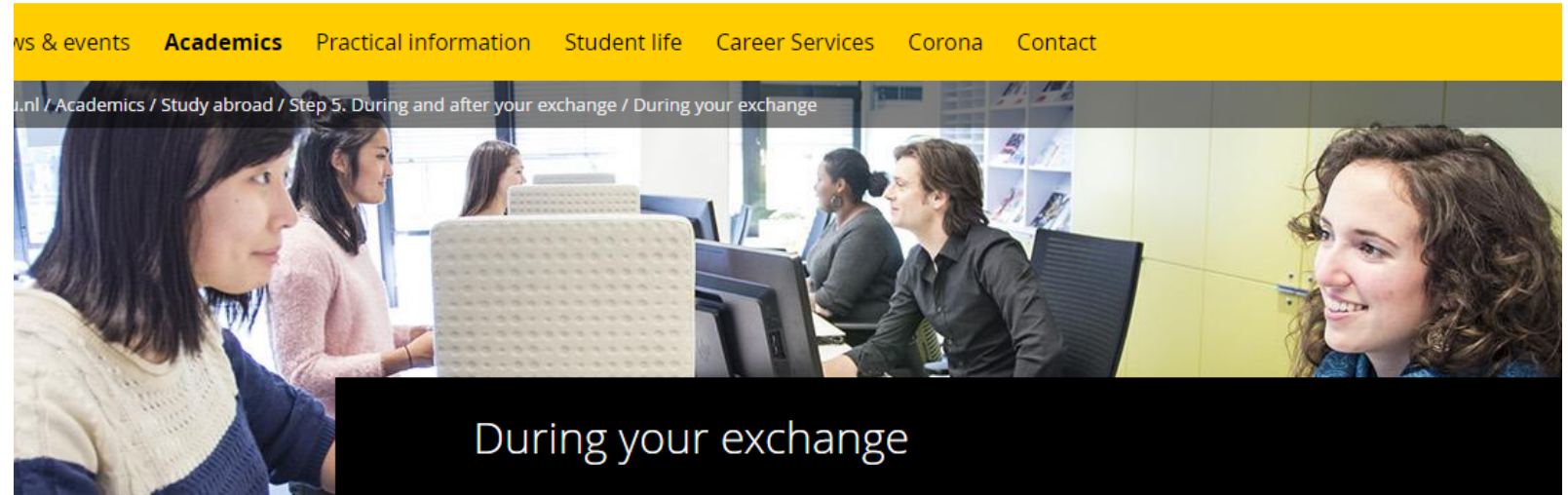
- Apply on time
- For questions contact host university
- For statements about your study, contact IO



# During your stay

- Check your UU email!
- Make sure your incoming mail is monitored
- Stay registered as an UU student
- Course enrolment next semester

## Students



### Practical information

Events

CS

Tips

Study abroad

Practical information

1. Orientation

2. Application at UU

3. Host university application

4. Before departure

5. During and after your exchange

**During your exchange**

### Do not forget the following matters when you are abroad:

- If the final courses that you will follow differ from your proposed study plan, **inform your Board of Examiners** in time in order to get the courses recognized upon your return. Each faculty has its own procedure for this purpose. More information can be found at the website of your study programme.
- Make sure that you deal with all necessary arrangements regarding **visa requirements and enrolment** at the host university as soon as possible after you arrive. In some countries, such as Russia, you need to register with the university within a few days of arriving.
- At the end of your stay you may need to make certain **preparations for your return** to Utrecht University. For instance, you may need to register for classes for the next semester before a certain deadline or have your Erasmus forms (such as the Statement of Host Institution) filled out by the coordinator of your host university.

# After exchange

- Erasmus documents
- Osiris Zaak/Cases if courses have changed
- Graduation? Hand in your transcript before the due date
- Share your experience with EGEA Utrecht!

## After your exchange

Welcome back; we hope your stay abroad was valuable and fun!


It is important that you arrange the transfer of the grades and credits you received abroad carefully.

Read the information below to check what is important after your return. We hope that you will share your experiences with future exchange students.

### CONVERTING AND TRANSFERRING YOUR CREDITS AND GRADES ^

Most of our partner universities send the transcripts to the international office. You are responsible for arranging the transfer of your grades and credits.

The conversion of credits and grades you obtained abroad is regulated in the Education and Examination Regulations of your programme. The authority lies with the Board of Examiners of each individual study programme.

Most European universities use the European Credit system (EC) and normally, you obtain 30 EC per semester. For universities that do not use EC, a [credit conversion table](#)  is available.



# Grade transfer


- Transcript directly send from host university -> [international.geo@uu.nl](mailto:international.geo@uu.nl)
- Pass/Fail with original grade
- No levels only Ba/Ma
- Credit conversion in table website

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For the credits to count towards your degree, you may be asked to provide additional information besides the transcript of grades. Your Board of Examiners may, for instance, require an overview of the number of hours you spent on a particular subject, as well as the study materials used.

Grades you obtain abroad are converted to Pass or Fail. In addition, the original courses and grades are recorded in OSIRIS and printed on the International Diploma Supplement. You can find more information about this in the Education and Examination Regulations.

## Important

- Deadlines host university!
- Deadlines Erasmus documents!
- Hand in original transcript -> [international.geo@uu.nl](mailto:international.geo@uu.nl)
- Course approval board of examiners!
- Erasmus grant requires at least 22,5 EC

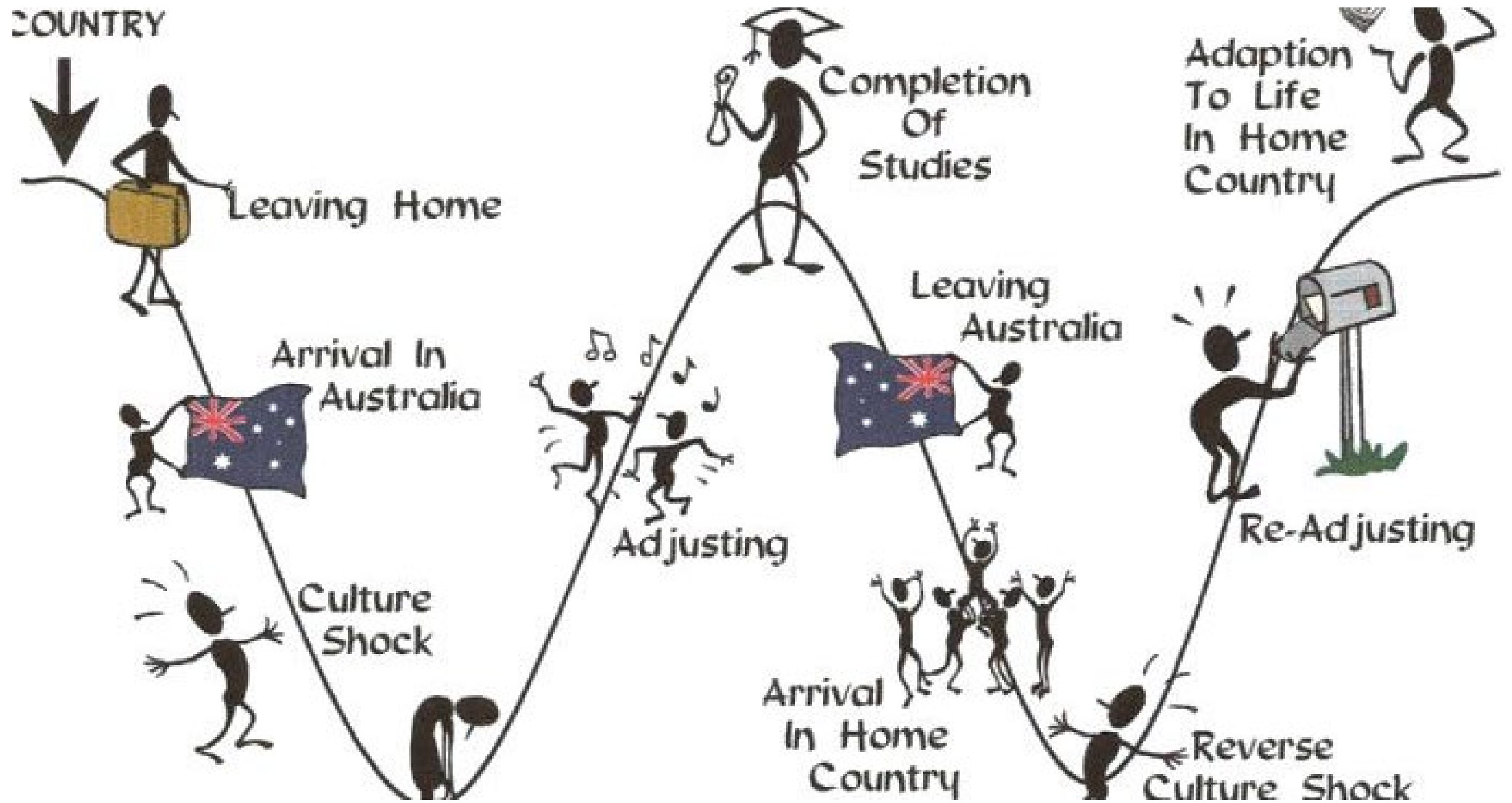


# CULTURE SHOCK AND RE-ENTRY SHOCK

- Be aware of possible differences
- Read about it
- Be open for what is happening
- Do not be afraid for making mistakes
- Give yourself time to adjust
- Discuss your experiences with other exchange students
- Keep in touch with home but not too much



COUNTRY





HAVE FUN



Utrecht University



egea

Experience Geography  
Explore Europe



Utrecht University

*QUESTIONS?*