Transcript: Meet the Skills Lab
I am a writing tutor and a study coach at the skills lab. We're located in the university library at the Science Park, and we give coaching on writing, studying, and for example, also planning. And we also have a website with useful tips and links that you can use during writing and studying. So if you find it difficult to find literature, for example, you can go to that website and look for literature.

I am a student, just like you. So that means that I know the situation that you're in, and also understand that sometimes things could be difficult. And during a coaching session, we will talk about strategies that you can use at home to improve your writing and studying. I have had a training that I use during those meetings. And maybe the best part is that meetings are free and that you can also come back multiple times if you want.

If you have questions more about language, for example, or things that are really related to your study specifically. Then we can, during a meeting, have a look at where you can find other information that can help you. We also have a website, as I said, with also useful information there. And maybe you can follow a kind of course, which is also listed on our website.

Apart from the coaching, we also have several groups that you can join, such as thesis groups and study groups. And during the year, we also organize activities such as workshops and a thesis week in which you work on your thesis for one full week. And for more information about this, but also for making an appointment, you can visit our website.