



ERASMUS+ STUDIES - UU Report

Every student receiving an Erasmus+ STUDIES grant has to submit a UU report as well. Writing the UU report is one of the university's conditions to receive and keep the grant. Only after submitting this report your Erasmus+ grant will be awarded definitively.

Your report will be **published** (anonymously!) on the [UU study abroad destinations webpage](#) to inform UU students preparing an exchange or research period abroad. Not all of them are Dutch-speaking, therefore we prefer to receive reports **written in English**.

Please use Tab to go to the next (text) box.

family name*	
first name*	
student number*	
permission to publish contact details**	<i>optional; only if you allow students preparing for study abroad to contact you (directly)</i>
	my e-mail address <input type="checkbox"/> yes: @ my weblog <input type="checkbox"/> yes: my Facebook account <input type="checkbox"/> yes: other (social) media <input type="checkbox"/> yes: or <input checked="" type="checkbox"/> my contact details cannot be published on the UU webpage, but I do give the International Office permission to forward my e-mail address to individual students interested in my host university abroad: @
<i>See end note for * and **</i>	
faculty/college	Geosciences
level	<input checked="" type="checkbox"/> bachelor's <input type="checkbox"/> master's <input type="checkbox"/> PhD
name study programme	Global Sustainability Science

destination city & country	Lund, Sweden
how did you travel to your destination?	Train
name university abroad	Lund University
start date	29 / 08 / 2022 (dd/mm/yyyy)
end date	15 / 01 / 2023 (dd/mm/yyyy)

You are requested to write on the following topics. Text boxes will expand automatically while typing!

PREPARATION	
exchange application process	<p>The application process of my Lund exchange was kind of messy. The part in Utrecht was fine, it was all clear and rather easy. I knew I wanted to go to a Nordic place and put Lund as number 1 choice. I got accepted and later received acceptance from Lund University as well. Lund University sent a lot of emails with information, so many that it was little bit overwhelming, although it also had its advantages. One of the tasks was choosing courses, but this was a chaotic procedure. The university does not work with timeblocks and also has a fairly limited amount of courses fitting with my bachelor programme. You had to indicate a first, second and third choice for</p>



all courses. Although I applied in time and with the right background, many courses did not accept me because they removed people as it was 'too full'. Therefore I ended up with only 2 out of 4 choices that were in my list, and two random ones. Also, 3 out of 4 courses were in period 2. A lot of things went wrong from Lund University's side, so that was not very nice.

counselling & support at Utrecht University

Utrecht university really tries to help you with the application process and provides a detailed list of what you have to do. Yet, making the decision is up to you. And I felt like this process is something I could not really be helped with. Still I would say Utrecht does its best to help you.

academic preparation

I felt really well prepared to study at Lund University. The courses I had in Utrecht were rather different than in Lund, but I knew how to study: which was most important. The level in Utrecht is similar to higher than at Lund University.

language preparation

Compared to other international students I think we are very well prepared to do everything in English. I never followed Dutch courses, only English, while I noticed that some of my friends had more problem because they always studied in their first language. Also, I was very capable to communicate with others and did not feel uncomfortable or unable to expres myself.

finances

I think it might be cheaper to live in Lund than in Utrecht but ofcourse the extra traveling and trips might increase costs. My rent was around 380 euros and groceries are slightly more expensive, but with a Willys and Lidl around the corner it was not a dramatic difference. Also public transport is cheaper. Yet, you get the Erasmus grant and OV chipkaart money which help you to cover your costs there. So its definitely affordable.

STUDY ABROAD PERIOD

study programme (content and organisational issues)

In Lund I followed four courses: International Law, Gender in Science & Technology, Web GIS and Gastronomy: Sustainable Eating. What I perceived to be very different than in Utrecht is the focus on small scale education. My classes ranged from 6 to 30 people. Never more (also not in lectures). This helped me a lot with staying focused and increasing interest in the topic. My favorite courses were International Law and Gastronomy: Sustainable Eating. Both courses followed a clear structure, yet consisted mainly of lectures. The lectures were really engaging and I asked lots of questions, while I did not do that that much in Utrecht. The courses all required quite some reading, more than being used to, but yet easier to read books and articles. I hated the Web GIS course as the studyload was higher than 20 hours per week and I did not have the right preknowledge. I could thereby not keep up with the rest and decided to stop half way through. It was no GIS at all, but more programming. Lastly, also the grade system differs per course. My courses followed three different grading systems, that was also something to get used to.

academic quality of education activities

The quality of education is high in Lund. I felt like my professors were professionals in their field. The things you have to do as a student are less difficult. Still I feel like I learnt more than in most Utrecht courses, as beside the tests the other course activities require more adaptation and understanding.

counselling & support at receiving university abroad

The support via Lund University was not always very good. As mentioned before, I had a lot of trouble with getting into courses. Moreover, sometimes it took a long time to get a response or the people were not in the office within the designated time. Luckily, I did not need that much help. The good thing is that you get a lot of news letters, yet these were sometimes overwhelming.



transfer of credits

The transfer of credits was an easy process and all courses I followed in Lund gave the same amount of as ones in Utrecht (7.5). The systems work differently but everything is translated to sufficient or insufficient.

STUDENT LIFE

welcome & orientation programme

Sadly, due to personal circumstances I missed the introduction programme. This was a shame because from all the stories I have heard, it was worth a visit. People got mentor groups, but there were also activities you could sign up for. There were lots of things organised. I would really recommend going to the introduction week!

accommodation

I found accomodation via KC housing, housing via de Chemistry department. KC offered rooms in shared appartments with 6 people and it is fairly unknown. I got an email with information that said I could apply, but for most people it is that they heard via others and emailed KC themselves. The rooms were relatively cheap, nice location and good fascilities. I liked it a lot. It can be quite a struggle otherwise to find housing, yet you can try via nations as well as the lottery.

leisure & culture

There are lots of things to do in Lund for students as the greatest part of the population are students. They have unions, like study organisations, and nations, sort of student organisations. You have to sign in for a nation, but you can still visit all the others. So that makes it different. Although 5he culture is very different than in Utrecht but super inviting and open to internationals. There are bars, clubs (which feel more like housepartys), brunches and hikes organised by the nations. Sometimes the clubs and bars have long lines and they all close at 02.00 at latest, but they are super cosy. Moreover, I think camping trips and having 'fika' are very popular activities.

suggestions/tips

Take your camping gear with you if you are into that and take Swedish courses, I regret that I did not. Also, time flies so try to make most out of it. What I loved most about the time in Lund was the spontaneousness. Many things just happened on the spot and were not planned out, this was amazing and resulted in great memories.

CONCLUSIONS

would you recommend this university/destination abroad to others? please explain

I would recommend Lund to other students! The university itself offers nice courses for some people but sometimes its hard to get into them. Nevertheless, once you are in I perceived most courses to be really innovative and cool! The buildings themselves are also inspiring, super beautiful. Besides this the student life is good, as there are lots of things to do. Also, it is a super good location to do things from. Cities such as Copenhagen, Gothenburg and Stockholm are easy to visit and nature is around the corner. I saw a lot of the province and feel like I really got to know the region. This was very nice. Met the greatest people and even went on a trip to Lapland.

do you have any additional advice or comments?



Save this UU report for your own records and upload the report in your Erasmus+ file/application in Osiris within 30 days after finishing your study abroad period and in ANY case before the final deadline!

NOTE: Please **upload in Word (.docx)** so we can delete your ***personal details between processing for grant purposes and publication on the website for future UU exchange students. **Contact details will only be included if and where permission has been given.**