



## ERASMUS+ STUDIES - UU Report

Every student receiving an Erasmus+ STUDIES grant has to submit a UU report as well. Writing the UU report is one of the university's conditions to receive and keep the grant. Only after submitting this report your Erasmus+ grant will be awarded definitively.

Your report will be **published** (anonymously!) on the [UU study abroad destinations webpage](#) to inform UU students preparing an exchange or research period abroad. Not all of them are Dutch-speaking, therefore we prefer to receive reports **written in English**.

Please use Tab to go to the next (text) box.

family name*	
first name*	
student number*	
permission to publish contact details**  <i>See end note for * and **</i>	<i>optional; only if you allow students preparing for study abroad to contact you (directly)</i>
	my e-mail address <input type="checkbox"/> yes:      @ my weblog <input type="checkbox"/> yes: my Facebook account <input type="checkbox"/> yes: other (social) media <input type="checkbox"/> yes: <b>or</b> <input type="checkbox"/> my contact details cannot be published on the UU webpage, but I do give the International Office permission to forward my e-mail address to individual students interested in my host university abroad:      @
faculty/college	Geosciences
level	<input checked="" type="checkbox"/> bachelor's <input type="checkbox"/> master's <input type="checkbox"/> PhD
name study programme	Human geography and spatial planning

destination city & country	Athens, Greece
how did you travel to your destination?	By plane
name university abroad	Harokopio Panepistimio
start date	3 / 10 / 2022 (dd/mm/yyyy)
end date	12 / 2 / 2023 (dd/mm/yyyy)

You are requested to write on the following topics. Text boxes will expand automatically while typing!

PREPARATION	
exchange application process	There were a few things you had to apply for. After all it was not a big deal and it was quite easy. Also, when you can't figure something out you could always ask the erasmus office coordinator for help.
counselling & support at Utrecht University	You can always send an email or plan in a quick online meeting to ask for help. The erasmus office is here to help you, so don't hesitate.



academic preparation
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language preparation
I learned some basic Greek through Duolingo. Other than that I didn't do any language preparation. Also because I was going to follow the courses in English
finances
I worked a lot the year before to save up some money, so I didn't have to apply for a loan.

STUDY ABROAD PERIOD	
study programme (content and organisational issues)	
Geography	
academic quality of education activities	In Greece they are very flexible regarding the courses. And I would say that the academic quality is a bit lower than in the Netherlands, as I could pass master courses, while I'm doing my Bachelor.
counselling & support at receiving university abroad	They were also very helpful and you could always send an email to ask for help.
transfer of credits	The transfer of credits will be a pass or fail. Also I achieved 32.5 ETC in Athens, but it in Utrecht it counts for 30 ETC.

STUDENT LIFE	
welcome & orientation programme	We had an orientation day that started off at the university. Here they would tell you everything about the coming semester. After, we went to the Akropolis museum, to learn more about the cultural life in Athens.
accommodation	I had a room in an apartment with 3 other roommates. I paid 350 euros every month for a room in the middle of the centre.
leisure & culture	Athens has ofcourse a lot of cultural activities. Besides the cultural stuff, you could also easily go to the harbour to get on a ferry and visit one of Greece's beautiful island. You also get 50% discount on ferrytickets with your Greek university card. Athens also has a nice beach in the south were you can swim. In the North you could do some beautiful hikes in the mountains.
suggestions/tips	Definitely take some trips out of the city to the islands or rent a car and visit Delphi, Nafplio and Cape Sounion.

CONCLUSIONS	
would you recommend this university/destination abroad to others? please explain	I would recommend this university and destination to others. I had a great time and the university itself is beautiful. The people were friendly and flexible and if you had a question you could always ask them and they



would help you. Also the destination is amazing, a lot of culture, but also beautiful nature a bit outside of the city. The Erasmus life is also very present in Athens. There are loads of Erasmus students, and erasmus activitiets organized by ELA and ESN.

do you have any additional advice or comments?

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Save this UU report for your own records and upload the report in your Erasmus+ file/application in Osiris within 30 days after finishing your study abroad period and in ANY case before the final deadline!

**NOTE: Please upload in Word (.docx) so we can delete your \*personal details between processing for grant purposes and publication on the website for future UU exchange students. \*\*Contact details will only be included if and where permission has been given.**