



ERASMUS+ STUDIES - UU Report

Every student receiving an Erasmus+ STUDIES grant has to submit a UU report as well. Writing the UU report is one of the university's conditions to receive and keep the grant. Only after submitting this report your Erasmus+ grant will be awarded definitively.

Your report will be **published** (anonymously!) on the [UU study abroad destinations webpage](#) to inform UU students preparing an exchange or research period abroad. Not all of them are Dutch-speaking, therefore we prefer to receive reports **written in English**.

Please use Tab to go to the next (text) box.

family name*	
first name*	
student number*	
permission to publish contact details** <i>See end note for * and **</i>	<i>optional; only if you allow students preparing for study abroad to contact you (directly)</i>
	my e-mail address <input type="checkbox"/> yes: @ my weblog <input type="checkbox"/> yes: my Facebook account <input type="checkbox"/> yes: other (social) media <input type="checkbox"/> yes: or <input type="checkbox"/> my contact details cannot be published on the UU webpage, but I do give the International Office permission to forward my e-mail address to individual students interested in my host university abroad: @
faculty/college	Faculty of Geosciences
level	<input checked="" type="checkbox"/> bachelor's <input type="checkbox"/> master's <input type="checkbox"/> PhD
name study programme	Human Geography and Spatial Planning

destination city & country	Prague, Czechia
how did you travel to your destination?	Plane
name university abroad	Charles University
start date	26 / 09 / 2022 (dd/mm/yyyy)
end date	10 / 02 / 2023 (dd/mm/yyyy)

You are requested to write on the following topics. Text boxes will expand automatically while typing!

PREPARATION	
exchange application process	The application process went very smoothly. After giving my preferences and handing in my motivation letter to the UU, I got assigned to my number 1 spot. This was all very clear to me and I had no questions there.
counselling & support at Utrecht University	I did not use any counselling or support at the UU, other than the information days beforehand.
academic preparation	



I prepared on my exchange by choosing the courses I wanted to do, but furthermore I did not really prepare.

language preparation

I did not do any Czech language course and just relied on my English, which turned out to be very sufficient.

finances

I used the Erasmus+ grant and my own savings from working before and that got me through my exchange period quite well. I made a plan of how much to use for rent, groceries etc. to set myself a (clear) plan.

STUDY ABROAD PERIOD

study programme (content and organisational issues)

I did my courses all for the Geography department of Charles University. The courses are very clear on the website and are very well described. The descriptions on the website match the courses that I have done. Organisational they were also good, but for my liking sometimes a bit later than I am used to.

academic quality of education activities

The quality of education is decent, but definitely not as good as what I was used to at the UU. The courses were easier, but I had more courses at the same time, which was also a new experience for me, but that did not turn out as an issue.

counselling & support at receiving university abroad

I did not receive any counselling or support abroad, other than an information day at the start of the period for all students of the faculty.

transfer of credits

The transfer of credits was easy and did not create any problem at all.

STUDENT LIFE

welcome & orientation programme

The welcome day of the faculty was very nice and it was a good opportunity to meet people. I also went on a (voluntary) trip that was organized by the faculty, where I met a lot of my friends for the semester.

accommodation

I found a nice apartment for 2 with my girlfriend (we were both on exchange in Prague) via the site flat.io. This was a very nice apartment, about 20 minutes with public transport to the city center, which was quite good.

leisure & culture

I love my free time to spend it with friends in a bar or in the beautiful city center. I also made some trips to other Czech cities and surrounding countries (Poland, Austria and Hungary). I felt like I had plenty of time to make those trips as the travel time is not that long and the study is very doable.

suggestions/tips

My tips for student life is to make some friends (preferably internationls) which you can spend time with a lot if you want, and can make some wonderful trips with.

CONCLUSIONS

would you recommend this university/destination abroad to others? please explain

I would definitely recommend this university and the destination as the location is very central in Europe, which can create wonderful travel opportunities. Furthermore, the city of Prague is truly wonderful to stay at and the



country is also very beautiful.

do you have any additional advice or comments?

For an exchange program, it is very important in my opinion to make friends. This will really elevate the experience you have!

Save this UU report for your own records and upload the report in your Erasmus+ file/application in Osiris within 30 days after finishing your study abroad period and in ANY case before the final deadline!

NOTE: Please **upload in Word (.docx)** so we can delete your ***personal details between processing for grant purposes and publication on the website for future UU exchange students. **Contact details will only be included if and where permission has been given.**