

Your programme considers it very important that you are feeling well

*Is something on your mind?  
Are you worried about something?  
It's okay to talk about it!*

And, there is more!

### Student wellbeing at Science



### Student wellbeing at UU

- Wellbeing Week
- Tips & Tools
- Let's talk
- Support by topic

Are you not sure  
where your  
question belongs?  
Your study advisor is  
always a good  
starting point!

### SUPPORT & CONTACT

#### Study programme

**Programme Coordinator:** advises on all content and practical matters concerning your Master's (e.g. how to plan your research project and which elective courses you should choose).

**Study Advisor:** questions about the study programme, problems with motivation, studying with a disability and personal circumstances. Make an appointment via your study programme page at [students.uu.nl](https://students.uu.nl) > Contact

**Lecturer:** questions concerning for example: assignments, grades and evaluations.

**Board of Examiners:** approval for exemptions, extra re-sits and (foreign) internships. More info > study programme page at [students.uu.nl](https://students.uu.nl) > Contact > Board of Examiners

**Study Association:** every study programme has a study association that organises academic and social activities. > [students.uu.nl/en/student-life/student-life-in-utrecht/student-](https://students.uu.nl/en/student-life/student-life-in-utrecht/student-)

#### Faculty

**Student Information Desk:** course registrations, grades, study progress and graduation. > [students.uu.nl/beta/contact/studiepunt](https://students.uu.nl/beta/contact/studiepunt)

**Career Officer:** training and advice about transition to the job market. > [careerofficer.science@uu.nl](mailto:careerofficer.science@uu.nl) > [students.uu.nl/en/science/steps-career-orientation](https://students.uu.nl/en/science/steps-career-orientation)

**International Office:** guidance and permission on going abroad for internships, courses or research. > [students.uu.nl/onderwijs/studeren-in-het-buitenland](https://students.uu.nl/onderwijs/studeren-in-het-buitenland)

#### University

**Student Services:** place for information about your enrolment, tuition, financial assistance, housing and Studielink. > [students.uu.nl/en/contact/student-services](https://students.uu.nl/en/contact/student-services)

**Student Counsellor:** helps with financial issues, studying with a disability, or combining studies with professional sports. > [students.uu.nl/en/guidance-and-development/who-to-contact/student-counsellor](https://students.uu.nl/en/guidance-and-development/who-to-contact/student-counsellor)

**Student Psychologist:** helps with personal and study-related problems. > [students.uu.nl/afspraak-maken-met-een-studentenpsycholoog](https://students.uu.nl/afspraak-maken-met-een-studentenpsycholoog)

**Confidential Advisor:** guidance on issues of inappropriate behaviour. > [students.uu.nl/en/guidance-and-development/who-to-contact/confidential-counsellor-for-inappropriate-behaviour](https://students.uu.nl/en/guidance-and-development/who-to-contact/confidential-counsellor-for-inappropriate-behaviour)

**Skills Lab:** offers training, workshops and guidance in the areas of writing, studying and other academic skills. > [students.uu.nl/en/guidance-and-development/skills-lab](https://students.uu.nl/en/guidance-and-development/skills-lab)