

Employability time line: the labour market orientation program during your masters

When?	What?	You are in charge! Supported by:	Your employability
Period 1 September- October- November	Start your master: start your career	Master coordinator, lecturers	Adjust to new circumstances: adaptability Organization skills, planning, initiative
	Get involved What do you like to do next to your study-program	Fellow students Utrecht University	Take care of your own wellbeing: pro-activity
Period 2 November- December- (Christmas break)- January	Month of Work (November): <ul style="list-style-type: none"> • <i>Labour market orientation day</i> • <i>Coach Café</i> • <i>In-house days</i> • <i>Career Day V.U.G.S</i> • <i>Lunch lectures</i> 	Career Services Alumni Career Day VUGS	Career orientation
	Reflect on your motivation	Lecturers, Study adviser	Self-management
	Start or upgrade your LinkedIn account	Career Services	Orientation: follow potential future employers and be visible
Period 3 February- April	UU Career Day Sustainable Career Event Field work / internship Return Day: Mini-symposium	Career Services Thesis supervisor Internship organization Alumni	Explore your options Professional work experience, organization and management skills, cooperation and gaining experience in the work field
Period 4 May June	Research / field work / internship	Supervisors Internship organization	Communication skills, research skills; Experience where you good at and what you like
	Return Day: Getting it done Upgrade your CV	Master coordinator Lecturers Alumni Career Services	Reflection Networking
	Graduation		Ready for the job market!

Get involved: think about sports, joining a team, side-jobs, Green Office, Utrecht Inc. (entrepreneurship), you gain a lot of skills through this activities